



Lincolnshire Care Services Directory 2025/26

The essential guide to choosing and
paying for care and support

HALCYON CARE

A TEAM THAT REALLY CARES

Halcyon Care has been established since 1989. It is a family owned company providing residential, nursing and dementia care. We pride ourselves in delivering care which focuses on the resident as an individual and recognises their unique characteristics, lifestyle preferences and care needs.

We aim to provide a friendly home environment with up to date facilities where visitors are welcome at any time.

- Respite and day care • GP visits to our homes • Home cooked meals and a wide range of social activities
- Special care for mental health-related problems • En-suite rooms • Visiting Chiropodist and Hairdresser



CLIFF HOUSE CARE CENTRE

Cliff Hill, Chesterfield,
S43 4LE
40 personal care beds

Tel: **01246 810 246 CHESTERFIELD**
E: cliffhouse@halcyoncare.co.uk



HOMER LODGE CARE CENTRE

23 – 26 Monson Street,
Lincoln LN5 7RZ
47 personal care beds

Tel: **01522 530108 LINCOLN**
E: homerlodge@halcyoncare.co.uk



NIGHTINGALE HOUSE CARE CENTRE

Main Road, Bucknall,
Woodhall Spa LN10 5DT
45 personal care beds, including people with dementia and physical disability

Tel: **01526 388261 BUCKNALL**
E: nightingalehouse@halcyoncare.co.uk



THE FOUNTAINS CARE CENTRE

Church Lane, Tetney,
Near Grimsby DN36 5JX
45 personal care beds, including people with dementia & physical disability

Tel: **01472 210456 TETNEY**
E: thefountains@halcyoncare.co.uk



OAKLANDS CARE CENTRE

North Street, Whaley Thorns, Nether Langwith, Mansfield NG20 9BN
52 nursing and personal care beds, including people with dementia & physical disability

Tel: **01623 744412 MANSFIELD**
E: oaklands@halcyoncare.co.uk



MARTIN HALL CARE CENTRE

The Old Hall, High Street, Martin by Timberland, Lincolnshire LN4 3QY
40 nursing and personal care beds, including people with dementia & physical disability

Tel: **01526 378251 MARTIN**
E: martinhall@halcyoncare.co.uk



MANOR CARE CENTRE

Fen Road, East Kirkby, Near Spilsby PE23 4DB

41 personal care beds, including people with dementia & physical disability

Tel: **01790 763381 EAST KIRKBY**
E: manor@halcyoncare.co.uk



CLARENCE HOUSE CARE CENTRE

Albert Street, Brigg, Lincolnshire DN20 8HS

33 personal care beds including people with dementia

Tel: **01652 650950 BRIGG**
E: clarencehouse@halcyoncare.co.uk



EASTWOOD HOUSE CARE CENTRE

Doncaster Road, Rotherham S65 2BL

37 personal care beds including people with dementia

Tel: **01709 363093 ROTHERHAM**
E: eastwood@halcyoncare.co.uk

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All the listings in this publication of care homes, care homes with nursing and home care providers are supplied by the Care Quality Commission (CQC) and Care Choices Ltd cannot be held liable for any errors or omissions.

To obtain extra copies of this Directory, free of charge, call **Care Choices** on **01223 207770**. Alternatively, visit www.carechoices.co.uk/order-copies-of-a-directory to order a copy online.

Alternative formats



This Directory is available electronically at www.carechoices.co.uk

The e-book is also Recite Me compatible for those requiring information in the spoken word.

Introduction

Welcome to this edition of the independent Lincolnshire Care Services Directory, which contains information for adults looking for care or support within the county, whether they are paying for it themselves or receiving support from the council.

Staying as independent as possible is important to everybody. This Directory contains information about the care and support services available to enable you to do this when remaining at home, moving into a housing with care scheme or within a care home or care home with nursing.

If you feel you need support to remain independent, first look to your community. There's a host of organisations and voluntary services that could help you.

If you think you need more formal care and support, arrange an assessment with your local adult social care department to establish your specific needs. This is free, irrespective of your income, and available to all those who appear to need care and support. More details are provided on page 14. The assessment will determine whether you are eligible for financial support via a Personal Budget, which may allow you to buy in your own support and take control of your situation.

Alternatively, your circumstances may mean you are classed as a 'self-funder', with the means to pay for your care. This is discussed on page 24 for those paying for care at home and 47 for those paying for residential care.

Support or care to remain living in your own home may be the option that best suits your circumstances. Ideas to make life easier at home start on page 6 and a list of local home care providers begins on page 28.

If you are unable to remain at home, you may want to consider a housing with care scheme (see page 42) or residential care. Comprehensive lists of care homes and care homes with nursing in Lincolnshire start on page 56.

There's also important information about care decisions, including finding care in another county, making a comment or complaint about a service and how solicitors can help you.

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 53), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function.

Visit www.carechoices.co.uk



Helping you Navigate Care with Confidence

We offer expert guidance to help you understand your choices and plan with peace of mind

- Personalised advice
- Support for older adults and families
- Compassionate, professional service

www.understandingcareneeds.co.uk

Take the first step and book a free consultation

 **07827045810**



Lincolnshire Care Association (LinCA)

Supporting social care across Lincolnshire

LinCA supports adult care providers of domiciliary care, end of life care, care for people with learning disabilities and mental health conditions, nursing homes, residential care homes and supported living within the independent and voluntary sectors in Lincolnshire.

The association offers accessible information, advice, support and development opportunities to care providers to enable them to respond to changing needs through the provision of high-quality, innovative services. The association also works closely with other agencies and organisations to achieve whole system improvement in Lincolnshire.

LinCA helps its members get their voices heard, both locally and nationally, and supports them to provide better care across Lincolnshire. It plays a key role in promoting a positive image of the care sector, ensuring there is quality and choice in the provision of care services within the region.

CareinLincs

CareinLincs, a service provided by LinCA, has developed a workforce strategy to enable the care sector to meet the needs of service users now and in the future.

This has been achieved with the help of care providers and through partnerships with Lincolnshire County Council, NHS Lincolnshire Integrated Care Board, all local NHS Trysts, Health Education England, Skills for Care, further and higher education colleges and the Greater Lincolnshire Local Enterprise Partnership.

CareinLincs offers a fully integrated service for every adult social care provider in Lincolnshire. To deliver quality standards and improved services as well as business support, the service is supported by four pillars for growth:

1. The association provides a workforce development offer to support current and future pathways that meet the needs of today's

LinCA is a not-for-profit association managed by a voluntary Board of Directors appointed by our members, drawn from large and small organisations as well as individual professionals. Each Director represents a specific area of care and support across the county.

The association is part of the Lincolnshire Integrated Care System, and it represents our members at meetings with colleagues from the health, adult care and housing sectors locally, regionally and nationally to consider issues such as commissioning, service design, development and evaluation.

LinCA has established the Care Home Trusted Assessor project at acute hospitals across Lincolnshire which supports more effective and efficient discharge arrangements for patients returning to or moving into care homes.

Melanie Weatherley MBE

Chair of Lincolnshire Care Association

employers and their employees.

2. It showcases opportunities to join the workforce through recruitment and careers support, including access to apprenticeships.
3. CareinLincs allows providers to have a fully integrated digital footprint and open up opportunity to access central, regional and local funding.

CareinLincs provides a link into the Care Home Trusted Assessor Team, located at all local acute hospitals across Lincolnshire, which supports hospital discharge back into social care.

For further information about **LinCA** and **CareinLincs**, call **01522 581073**, email **helpdesk@linca.org.uk** or visit **www.linca.org.uk/CareinLincs.asp**

For all enquiries about CareinLincs, reference Mark Turton, Head of Workforce.

Helping you to stay independent

Services developed in partnership with the voluntary sector

Adult social care works with voluntary and community organisations to supply preventative care services. These are a vital form of support and help to maintain independence and social inclusion, and delay or avoid the need for more statutory interventions.

Examples include:

- day services, lunch clubs and social groups;
- befriending, visiting and telephone contact services;
- support schemes to help people being discharged from hospital;
- support for carers; and
- handyperson schemes.

Connect to Support Lincolnshire is an online information and advice library, community

directory and marketplace for adults in Lincolnshire. This website is intended for adults who want to find out about local groups, activities and services within the community.

Tel: **0300 303 8789**

Email: **CTSL@ageuklsl.org.uk**

Web: **<https://lincolnshire.connecttosupport.org>**

Every effort has been made to check the accuracy of the following day care centre listings. However, the information is subject to change during the lifetime of this Directory. For the latest information, contact the provider directly.



Support for families of children with additional needs
www.myfamilyourneeds.co.uk

Care Coordination, Companionship and so much more!



Unirose
L I M I T E D

At Unirose, we provide more than support – we share the journey.

Our companions bring warmth and connection to daily life, while our care navigators give reassurance and guidance, ensuring the right help is in place at the right time, always with dignity, kindness, and care.



LPA/Advanced care planning



Shopping, outings & holidays



Navigate Health & Social Care



Accompany to any appointments



Claim form & funding support



Facilitate & monitor care at home

 **07917 445915**

 **info@unirose.co.uk**

 **Unirose**

 **www.unirose.co.uk**

Boston

Manor Gate Care Home ●

Boston Tel: 01205 366260

OP D

Scott House

Boston Tel: 01205 357236 OP D PD LDA MH SI YA AD

Skirbeck Court (OSJCT) ●

Boston Tel: 01205 361444

OP

White Gables Care Home ●

Boston Tel: 01205 723874

OP D PD SI YA

East Lindsey

Bramhall ●

Tattershall Tel: 01526 342632

Advert page 58

OP D

Clovers Day Centre

Louth Tel: 07555 519367

OP D PD LDA MH SI YA

County Care Independent Living Ltd

(Lincolnshire Office)

Skegness Tel: 01754 611153

OP PD LDA MH SI YA

Eresby Hall (OSJCT) ●

Spilsby Tel: 01790 752495

OP D

Fotherby House ●

Louth Tel: 01507 607237

OP D

Linkage Choices – Grimsby ●

Grimsby Tel: 07833 696040

PD LDA

Linkage Choices – Toynton

Spilsby Tel: 07879 451034

PD LDA

Manor Care Centre

Advert inside front cover

East Kirkby Tel: 01790 763381

OP D MH

Newhaven Residential Home ●

Huttoft Tel: 01507 490294

OP LDA YA

Old Hall Residential Care Home, The ●

Halton Holgate Tel: 01790 753503

OP D PD

Orchard House Care Home

Mablethorpe Tel: 01507 472203

OP D PD YA

Phoenix Care Centre ●

Chapel St Leonards Tel: 01754 872645

OP D

Skegness Day Centre

Skegness Tel: 01754 766763

OP D PD LDA MH

Summerfield Rest Home

Sutton-on-Sea Tel: 01507 441969

OP D

Virginia House

Louth Tel: 01522 550908

OP PD LDA

Wong Day Service, The

Horncastle Tel: 01507 527047

OP D PD LDA MH SI YA AD

Lincoln

Age UK Lincoln Lincolnshire ●

Lincoln Tel: 01522 696000

OP D PD MH SI YA

Point Day Service, The

Lincoln Tel: 01522 457214

OP D PD LDA MH YA

Bernadette House ●

Lincoln Tel: 01522 521926

OP D PD SI YA

Boultham Park House (OSJCT) ●

Lincoln Tel: 01522 681500

OP D

Ancaster Day Centre

Lincoln Tel: 01522 870600

PD LDA

Busydays Daycare

Lincoln Tel: 07904 563794

LDA

Ermine House (OSJCT) ●

Lincoln Tel: 01522 529093

OP

Hartsholme House (OSJCT) ●

Lincoln Tel: 01522 683583

OP D

Linkage Choices – Lincoln ●

Lincoln Tel: 01522 690397

PD LDA

North Kesteven

North Road Day Outreach

Sleaford

Tel: 01529 300754

OP D PD LDA MH SI YA AD

South Holland

Chappell Centre

Spalding Tel: 01522 554891 OP D PD LDA MH SI YA AD

Field House

Spalding Tel: 01406 423257

OP D YA

Service OP Older people (65+) D Dementia
User Bands MH Mental health SI Sensory impairment

PD Physical disability LDA Learning disability, autism
YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

Advertisers are highlighted

South Holland continued

Friday Friendship Group (TESS CIC) ●

Spalding Tel: 07907 162064

Meadows Day Centre, The

Spalding Tel: 01775 720305

Patchett Lodge (OSJCT) ●

Holbeach Tel: 01406 422012

Sense Centre – Pinchbeck

Spalding Tel: 01775 720826

Community Café & Garden Project

(TESS CIC), The ●

Grantham Tel: 07732 061330

PD LDA MH

OP Cree Day Centre

(Grantham & District Mencap) ●

Grantham Tel: 01476 566050

PD LDA

OP Gregory House (OSJCT) ●

Grantham Tel: 01476 562192

OP

South Kesteven

Age Concern Deepings

Deeping St James Tel: 01778 343722

Butterfield Centre, The

Bourne Tel: 01778 421422

OP D PD LDA MH SI YA

Stamford

Day Centre

Stamford

Tel: 01522 843020

OP D PD LDA MH SI YA AD

OP Whitefriars

(OSJCT) ●

Stamford Tel: 01780 765434

OP D

West Lindsey

Drovers Call ●

Gainsborough

Tel: 01427 678300

OP D PD MH SI YA AD

FocusAbility – Dunholme

Dunholme Tel: 01673 844423

Advert page 18

LDA

Grosvenor House

Day Care ●

Gainsborough Tel: 01427 616950

OP D PD YA

FocusAbility – Market Rasen

Market Rasen

Tel: 01673 844423

Advert page 18

LDA

Little Brocklesby House

Limber Tel: 01469 561353

OP D PD LDA YA MH

Foxby Court (OSJCT) ●

Gainsborough Tel: 01427 613376

OP Rock Foundation

Caistor Tel: 01472 859075

LDA

Foxby Hill Care Home ●

Gainsborough Tel: 01427 611231

OP D PD MH SI YA

OP Wispington House Ltd ●

Saxilby Tel: 01522 703012

OP D PD

Search for care in your area

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests



Visit www.carechoices.co.uk



Scan to search now

Service

OP Older people (65+)

D Dementia

User Bands

MH Mental health

SI Sensory impairment

PD Physical disability

LDA Learning disability, autism

YA Younger adults

AD People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

Advertisers are highlighted

Day care centres

Many people can feel lonely or isolated without an opportunity to fill their days with meaningful activities. Research has shown that one way to alleviate loneliness and promote wellbeing and independence is to provide regular social contact and a focus for activities.

Day care centres give people the chance to

change their routine, meet new people, take up an activity or receive specialist services such as chiropody or hairdressing. There is a wide variety around the county, catering for older people and people with mental health conditions, learning disabilities and dementia. Centres can be as important for carers as those attending, as they allow for a regular break from caring.

Meals on wheels

Some services can deliver frozen or freshly cooked meals to your home. Frozen meals can be delivered in bulk and kept in your freezer until required, while hot meals should be eaten immediately.

You may find a service by word of mouth or using the internet – your local library may be able to help here. Search Connect to Support Lincolnshire for local services. Visit
<https://lincolnshire.connecttosupport.org>

Adult social care can advise on services as well. Call **01522 782155** or check the Lincolnshire County Council website for services in your area at www.lincolnshire.gov.uk/help-live-home/get-meals-home

Wiltshire Farm Foods – Lincolnshire

Tel: **01427 666130**

Email: lincolnshire@wiltshirefarmfoods.co.uk

Web: www.wiltshirefarmfoods.com

Adapting your home

To remain in your own home for as long as you would like to, you should ensure it is safe, secure and warm. Some forward planning to ensure the garden doesn't become a burden is also sensible. If you are not planning to move, think about adaptations that would make life easier now and later on.

Home Improvement Agencies (HIAs)

HIAs are local organisations funded and supported by local and central Government. They work professionally and sensitively with older and disabled homeowners, providing advice, support and assistance to help them repair, improve, maintain or adapt their homes to meet their changing needs.

Most HIAs provide three main services, including: information and advice on repairs or adaptations you may be considering – this usually entails a visit to your home and is often free; a handyperson service for small jobs and repairs – typically, the HIA will employ its own handypersons and charge you an hourly rate for their services; and a home adaptations service for more major works. The HIA will work with you to specify the adaptations needed

and will normally offer to get estimates from one or more of its regular contractors. Subject to your acceptance, the HIA will then offer to manage the works contract for you for an agreed fee.

HIAs may also be helpful if you are not sure whether you can afford the home repairs or adaptations you need. They can advise on your eligibility for any grants and, if necessary, put you in touch with an independent financial adviser.

For further information about, and contact details for, local HIAs, visit <https://housingcare.org> or contact your local council.



Specialist equipment

If you need help with tasks around the home, there is a range of specialist equipment available to make life easier and to improve your safety and independence, such as stair rails, raised toilet seats and shower stools. These items are often referred to as 'simple aids for daily living'.

Living Made Easy provides a quick and easy-to-use online equipment service and guide. It can help you to identify the equipment that may help if you have difficulties with everyday tasks.

Visit <https://livingmadeeasy.org.uk> to learn more about possible solutions or see pages 11 to 12.

Once you have identified equipment that might help with your support needs, use the checklist on page 13 to make sure it's right for you.

Useful contacts

Complete Care Shop

A national organisation offering thousands of daily living and disability aids to purchase privately.

Tel: **03001 000248** (Monday to Friday, 9.00am to 5.00pm).

Email: customerservice@completestores.co.uk

Web: www.healthcarepro.co.uk

Lincolnshire Integrated Community Equipment Service (ICES)

Lincolnshire County Council's equipment service can provide a range of items, from walking frames to mobile hoists, to help you remain living independently. You may have to pay for some items provided by this service, depending on the outcome of an adult care assessment (see page 14).

Tel: **01522 782155**

Telecare

Telecare is equipment that can detect falls, inactivity, smoke, flooding, gas or extreme temperatures in the home. When the sensors in the equipment are activated, it will connect to a response centre where trained operators will contact the individual through their home unit. They will take the most appropriate action, such as contacting a nominated responder, family member, carer, neighbour, doctor or the emergency services.

Telecare can allow you to regain confidence in your home and remain independent. Relatives and carers are also reassured, safe in the knowledge that, should an incident occur, someone will be on hand to help. Some devices can also help to monitor particular health conditions and reduce the need for hospital admission.

You can buy Telecare and assistive technology from private companies and organisations or, if you're eligible, through an assessment (see page 14), Lincolnshire County Council may be able to provide support to help you access equipment.

For further information, visit
www.lincolnshire.gov.uk/help-live-home/telecare

NRS Telecare

Lincolnshire County Council's Telecare and assistive technology provider.

Tel: **01476 852492**

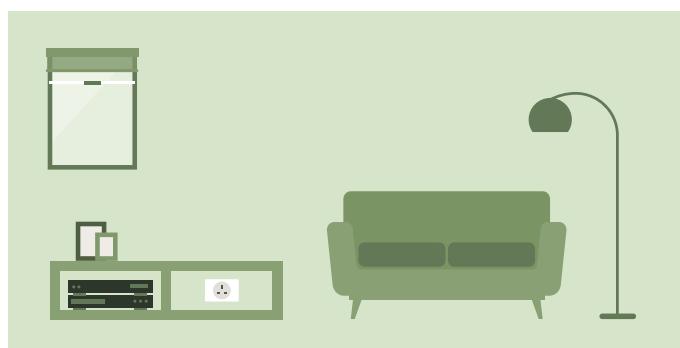
Email: enquiries@nrstelcare.co.uk

Web: www.nrstelcare.co.uk/lincolnshire



Making life easier at home

If you're having difficulties with everyday tasks, these simple solutions could make life easier and enable you to retain your independence. These are a starting point; other solutions are available, which might better suit you.



Finding it difficult to **get in and out of chairs**? Try putting a piece of hard board under the seat base. Alternatively, buy chair raisers, a higher chair or an electric riser chair. Also try taking regular gentle exercise to improve your mobility.

If you can't **reach your windows**, could you move furniture out of the way? Ask someone to help if you need to move heavy furniture. There are also tools for opening and closing windows.

Struggling to **keep warm/cool**? Consider a fan or heater. Is your house insulated? Are there any draughts? You may also be eligible for the winter fuel payment from the Government. Visit www.gov.uk/winter-fuel-payment

If you have trouble **using light switches**, think about replacing your switches for ones that are easier to use. Consider handi-plugs or light switch toggles, or there's even technology available that turns your lights on and off using your speech.

Use subtitles if you **can't hear the TV** or buy wireless headphones. Do you need a hearing aid? Request an assessment from your council.



Do you **forget to take your tablets**? Make a note of when you've taken them or buy an automatic pill dispenser or pill box. If you struggle to open your medicine, ask your pharmacist for advice on alternative packaging that could make it easier for you.

Can you **reach everything in your cupboards**? If not, try a handi-reacher or rearrange your kitchen so the things you use most are within easy reach.

If you are having **problems with preparing food**, consider buying ready-chopped options or try a chopping board with spikes. There are also long-handled pans, teapot tippers and lid grippers that could help. Palm-held vegetable peelers or a food processor might be a solution and meal delivery services are also available.

Is **eating and drinking becoming difficult**? Large-handled cutlery could help, as could non-slip mats for the table. Lightweight cups and mugs with two handles could also be a solution.

Having tap turners fitted can make **using taps** easier. You could also consider changing to lever-style taps, which might be easier for you to use. ➔



Handled plug



Chair raisers



Chopping board



Level indicator



Teapot tipper

→ More information on staying independent and ideas to help you live at home can be found online at www.carechoices.co.uk/staying-independent-at-home/ There is also information on making larger adaptations to your home.



If **moving whilst in bed** is a problem, have you thought about using an over-bed pole? You might also want to buy a pillow raiser or change your bedding so it's lighter.

Is it becoming **difficult to get dressed**? If so, specially adapted clothing is available, or you could buy a long-handled shoe horn, a dressing stick or a button hook. If you are having a lot of difficulty, consider home support – see page 19.

Clocks are available with large numbers or lights if you **can't read the time** in bed. You can also buy clocks that speak the time.

If you are **finding it harder to read in bed**, consider an e-reader that allows you to change the font size. Some also have integrated lights. Look for bedside lamps with a step-on or button switch if yours are difficult to use.

Do you **struggle to get in and out of bed**? You could learn new ways of moving around, purchase a leg lifter or a hoist, or install grab rails for support. Seek advice about these options. If the bed is the issue, you could buy an electric adjustable bed or raise the bed to the right height.



If it's **hard to hold your toothbrush**, try a toothbrush gripper. You might also benefit from having an electric toothbrush or sitting on a stool while brushing your teeth.

You might like to buy a raised toilet seat or a seat with a built-in support frame if it's **hard to use your toilet**. Flush-lever extensions are also available.

Has it become more **difficult to wash**? Items are available, like long-handled sponges and flannel straps. You could also consider a slip-resistant bath mat, grab rails, a half step to help you get in and out of the bath, or a bath or shower seat. Tap turners can also be used in the bathroom.

For more information on technology that could make your life easier, contact your council for an assessment. They might refer you to an occupational therapist (OT) or you could contact an OT privately. Search online for OTs near you.

Lincolnshire County Council

Tel: **01522 782155** or **01522 782333**

(emergency out of hours).

Email: **csc_socialcare@lincolnshire.gov.uk**

Web: **www.lincolnshire.gov.uk/adultcare**



Grab handles



Bed table



Hand rail



Hand trolley



Tap turners

It's a good idea to consider the following questions before buying any assistive technology. If you are unsure about what technology might help meet your needs, you can contact your council or visit <https://livingmadeeasy.org.uk>

You can download and print this checklist at www.carechoices.co.uk/checklists

Suitability

Does the equipment support your specific needs?

Are you willing to use it?

Will it fit into your everyday life and routine?

Have you tried a demo of the equipment?

Do you understand what the equipment is for?

Do you need to take it with you when you leave the house? Is it transportable?

Does the equipment have any limitations that would make it unsuitable for you?

Will it work alongside any assistive technology you already have?

Will it need to be installed by a professional?

Can the retailer provide you with training in using the equipment?

Reliability

Will it work if you have pets or live with other people (e.g. could someone else set off a sensor alarm by accident)?

Have you read reviews of the equipment you are looking at? Consider these before making your purchase.

Can you speak to someone who already uses it?

Does it require batteries? Find out how often they will need changing and whether the equipment will remind you to do this.

Is it durable? If you drop it, is it likely to break?

Usability

Is a simpler piece of equipment available (e.g. a pill case rather than an automated pill dispenser)?

Does the equipment need a plug socket and will any wires cause a trip hazard?

Is it easy to use? Can you read/hear it clearly and are any buttons big enough for you?

Are you able to use it? Are there any aspects you don't understand?

Cost

Do you know how much it costs?

Will you need to pay a monthly charge?

Are there alternative solutions that might be free?

Is there a cost associated with servicing the equipment?

Notes

Support from the council

The way councils provide services to eligible adults and their carers is called personalisation. This term is used to describe a number of ways in which eligible adults can receive a mixture of local authority and Government money to pay for the care services

they need without direct council involvement. If you approach the council for social care support, your needs and finances will be assessed. If you have a carer, they can be involved and have their needs assessed too.

Your assessment

If you appear to have care or support needs, you have the legal right to have an assessment of your care needs and finances. Councils are statutorily obliged to provide this to you, regardless of whether you access their services.

The assessment (which is free) will consider:

- how you can best be supported to live as independently as possible;
- your home and how you are coping in it;
- your emotional wellbeing;
- your diet; and
- any health and medical treatments you need.

You will need to contact adult social care to arrange

an assessment. Call **01522 782155**.

Once adult social care understands your care and financial needs, the next stage is to determine what services you may be eligible for and who will pay for them. The council will give you more information on eligibility and the national eligibility criteria it uses at the time of your assessment.

Information on paying for care can be found at **www.lincolnshire.gov.uk/adult-social-care/paying-care/3** or on page 24 if you are receiving home care and at **www.lincolnshire.gov.uk/adult-social-care/paying-care/4** or on page 47 if you are moving into a care home.

Personal Budgets

If you are eligible for support from the council, you may be given a Personal Budget. A Personal Budget is the amount of money that the council calculates it will cost to meet your support needs.

If you are eligible for a Personal Budget, the actual amount you receive will depend on your eligible needs and your finances. The money should be spent in line with a support plan that has been agreed by both you and the council and can be either a full or a partial contribution to such costs. You may also choose to pay for additional support on top of the budget. Any eventual contractual agreement for services is between you and your care provider, not the council.

If you are eligible, a Personal Budget may be taken:

- in the form of a Direct Payment, held directly by you or, where you lack capacity, by a

‘suitable person’;

- by way of an account held and managed by the council in line with your wishes; or
- as a mixture of these options.



Assessments from hospital

If you have been admitted to hospital and you might need care on discharge, you may be referred to the discharge team for an assessment, which will take place on the ward. The team may be made up of social workers, carers' officers, mental health workers and housing officers.

Whatever services you need on discharge, adult

social care will work with you, your family and carers to either restart services already in place prior to admission or to provide the appropriate services, if you are eligible.

Sometimes interim care packages are set up to facilitate your discharge and you will be reassessed by a community social worker within four to six weeks.

Reablement

Reablement is an intensive short-term service that helps people regain skills and confidence, for example, after a fall or hospital stay. You may need to have an assessment of your care needs to decide whether you are eligible. If you are eligible, a reablement worker will support you for a limited period, usually up to six weeks.

Reablement helps people to learn or re-learn daily living skills. It is not about doing things for you; it is about giving you the skills and confidence to do things for yourself. It can also mean that you do not start to depend on costly support services.

For example, a reablement worker could help you regain your confidence following a fall or provide support that enables you to prepare a meal if there has been a change in circumstances that means you need to cook. They may also identify pieces of equipment that could support you to regain or maintain your independence for as long as you can.

Speak to your GP, hospital staff or adult social care if you think you might benefit from reablement. They can put you in touch with the right services if they feel that reablement will help you.

Intermediate care

Intermediate care gives recovery and rehabilitation support to help people regain their independence when they come out of hospital or, just as importantly, to prevent them from going unnecessarily into hospital.

Intermediate care can be provided in your own home or in a care home, depending on local policy and your specific needs. The care can be provided by care staff, occupational therapists and physiotherapists, with additional support provided by the local GP surgery, social workers

and community nurses. This combined resource helps people to regain their independence and feel confident in their ability to manage for themselves with any necessary additional support.

Intermediate care, including any care home fees where relevant, is provided by the NHS and is free. It is usually limited to a maximum of six weeks. If, after this, you have ongoing care or support needs, the council will conduct an assessment and may help you to arrange any services you might need. There may be a charge for these services.

NHS Continuing Healthcare

NHS Continuing Healthcare is a package of continuing care that is arranged and funded solely by the NHS. This is free of charge, wherever it is delivered. NHS Continuing Healthcare support may be provided in a care home or care home with nursing or in a person's own home.

People eligible for NHS Continuing Healthcare will have been assessed to have a 'primary health need' and are likely to have complex medical needs and substantial or intense ongoing care needs.

See page 15 for more information.

Personal health budgets

A personal health budget is an amount of money to support a person's identified health needs. It is planned and agreed between the person and their local NHS team.

The aim is to enable people with long-term conditions and disabilities to have greater choice, flexibility and control over the healthcare and support they receive.

Services for carers

Who is a carer?

A carer regularly looks after, helps or supports someone who can't manage everyday life without their help. The carer doesn't have to be living with the person they care for, and the help they give doesn't have to be physical.

The carer may be caring for a partner, relative, friend or neighbour. For example, it may be someone who:

- is over 60;
- is living with dementia;
- has a physical or learning disability or a mental health condition;
- has sight, hearing or communication difficulties;
- has a long-term health condition; or

- misuses drugs or alcohol.

The carer may be helping with:

- personal care, such as washing and dressing;
- going to the toilet or dealing with incontinence;
- shopping and food preparation;
- eating or taking medicines;
- getting about at home or outside;
- practical help at home and keeping someone company;
- emotional support or communicating; or
- keeping an eye on someone to make sure they are safe.

Having a carers' assessment

Anyone who provides, or intends to provide, regular unpaid support to someone who could not manage without their support has the right to have their own needs assessed, even if the person they care for has refused support services or an assessment of their own needs.

A carers' assessment is an opportunity for people to tell the council what they need as a carer, and to find out what support might be available. The assessment is an essential first step for carers to get the support they may need. The assessment looks at:

- the care the carer provides and how this affects their life;
- any support they are getting now and what else

would help; and

- what the carer would like their support to achieve.

The assessment can also give lots of information about other services that might help and provide additional ideas for where the carer can find support. The carers' assessment will show if the carer qualifies for support from adult social care.



Carers' Personal Budgets

A carers' Personal Budget is a single payment that can be used towards the cost of something specific that will support them in their caring role. For example, it could be used for leisure activities, education or training or just to take a short break from caring.

When adult social care considers a carers'

Personal Budget, it gives priority to situations where there is a significant risk of the carer not being able to continue to provide care if they do not get some support. The amount a carer could get depends on the needs identified by their carers' assessment. The money is not taxed, and it will not affect any benefits.

Respite at home

Home-based respite services give carers a break from their caring responsibilities. A care worker can come in to look after the person being cared for, so the carer can have some time to themselves. The breaks could be regular or just when needed.

Respite at home is considered to be a service for

the person who is being cared for. If they have a Personal Budget for their own needs (see page 14) they could use that money to pay for it.

A financial assessment of the person being cared for will confirm whether they need to pay towards the cost of this service.

Benefits

There are several benefits that carers may be entitled to and it is worth exploring all of them. One such benefit is the Carer's Allowance. This is currently £83.30 per week but it may change over the lifetime of this Directory.

Carers may also qualify for Carer's Premium or Carer's Credit, depending on their eligibility. If the person you're caring for receives the severe disability premium (or severe disability addition in Pension Credit), this may be lost if you claim Carer's Allowance and/or Carer's Premium. Seek specialist independent advice before claiming Carer's Allowance.

Carer's Premium is an extra payment of up to £46.40 per week that can sometimes be added to the calculation of other benefits you might get on top of Carer's Allowance. Carers who do not qualify for Carer's Allowance may qualify for Carer's Credit. The Government's website (www.gov.uk) has more information on benefits, including carers' benefits. Alternatively, contact a local carers' organisation which may be able to help undertake a benefit check for you.

You can find out more about the organisations supporting carers in Lincolnshire by exploring www.lincolnshire.gov.uk/support-carers

Resource for people supporting disabled children

My Family, Our Needs is an online resource providing impartial information for parents, carers and practitioners supporting children from birth to 25 years with additional needs.

As well as guidance, policy and signposting, there is a lifestyle section for parents covering topics such as health and wellbeing, work, family and relationships. Visit www.myfamilyourneeds.co.uk or email hello@myfamilyourneeds.co.uk



Support for families of children with additional needs - from birth to adulthood

SEND guides • Ask the Experts • Directory
Real-life blogs & experience • Practical advice

www.myfamilyourneeds.co.uk



**Lincolnshire
Based Support
& Care Service**

FocusAbility

LEARNING DISABILITY CARE & SUPPORT

ABOUT US

Finding the **right support** and care provider can be quite scary and take up a lot of time. We can make the important job of finding the right care and support for you, or the person you care for, as simple and straightforward as possible.

At FocusAbility, we are proud to offer high quality Day care and Community Supported Living services to our clients in **Lincoln** and the surrounding area.

DAY OPPORTUNITIES

We offer social contact and activities for those wanting to meet new friends and learn new skills and promote their independence.



COMMUNITY SUPPORTED LIVING

FocusAbility's view of Community Supported Living is to encourage people to access the support and care they need to live as independently as possible.



Ryland Bridge, Welton, Lincoln, LN2 3RP.



Rachael@focusability.co.uk

www.focusability.co.uk



01673 844 423

Care in your own home

Carefully chosen home care with a good-quality provider is an excellent way to retain your freedom and independence, whilst getting the help you need

to stay happy and safe. It can offer the opportunity to stay at home, in your own familiar surroundings, and to retain a quality of life you might have feared lost.

Why choose home care?

Reasons for choosing home care can vary. Sometimes after a stay in hospital, someone might find they need some help whilst they recuperate. Others can find that a long-term condition or disability means they can no longer cope and they need a bit of help.

After a stay in hospital someone may carry out an assessment of your situation to see if home care will benefit you. You and your family will be fully involved in looking at what will suit you best if you'd like them to be.

Alternatively, you or those close to you might notice changes in your ability to manage the day-to-day things you normally cope with easily, like preparing meals or looking after yourself. If this happens, contacting adult social care is a good first

step towards finding help.

How home care can help you

The level of home care provided can be tailored to meet your needs – from a visit once a day to a much greater amount of support.

Even those with quite significant and debilitating medical conditions can get skilled personal care that can enable them to stay in their own homes.

Some agencies will provide live-in care, where a care worker will stay with you at home to support you throughout the day and night. For more information about live-in care, see below.

A list of all home care agencies operating in Lincolnshire starts on page 28.

Live-in care

Live-in care is a viable alternative to residential care, where a fully trained care worker lives and works in your own home to support your individual needs and help you maintain your independence. The carer must be allowed breaks and have somewhere to sleep at night.

Support available from live-in carers can range from personal care and mobility assistance to more complex health requirements, as necessary. The cost of live-in care varies depending on your circumstances, including the level, type and duration of care that you require.



Any organisation that employs live-in carers is required to register with the Care Quality Commission (CQC) and ensure that its employees follow the essential standards of quality and safety in their practices. For more information about the CQC, see page 53.

**Search for care
in your area**

- Find care providers quickly and easily
- Search by location and care need

 CareChoices

www.carechoices.co.uk



Finding the right support

This Directory offers a website service allowing you to search by postcode or region for care homes, care homes with nursing and home care providers that meet your requirements across the country. Your search can be sent to you by post or email.

If you are searching online, the results can be saved and emailed to others. You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function.

Whatever your care needs, this Directory and the Care Choices website service will be able to point you in the best direction, however you would like care information presented.

Visit www.carechoices.co.uk

The Care Quality Commission (www.cqc.org.uk) is responsible for checking that any care provided meets essential standards of quality and safety. Further information is on page 53.

The Homecare Association requires its members to comply with a code of practice. This code includes a commitment to treat customers with dignity

and respect and operate at a level above the legal minimum required in legislation.

Social care regulations do not apply to cleaners, handypersons or gardeners. However, some home care agencies are increasingly providing staff who can help meet these needs too.

The benefits of using a regulated agency include:

- assessing your care needs and tailoring a plan to meet those needs;
- advertising, interviewing and screening suitability of workers;
- arranging necessary insurance cover;
- providing training and development for care workers;
- managing workers' pay, including compliance with the National Minimum Wage;
- managing employment relationships, including sickness, absence and disciplinary matters; and
- managing health and safety issues.

Living with dementia at home

If you are experiencing persistent forgetfulness or memory difficulties and it is causing you to feel concerned you should consult a GP. They can undertake an initial examination and refer you to a memory clinic for further investigation if necessary.

The various types of support available to you and your carer are likely to involve NHS services, adult social care and voluntary agencies. Some examples of services and support to help people living with dementia include:

- specialist day centres;
- respite care or short breaks;
- assistive technology and community alarms;
- home care;
- meals at home;
- community equipment;
- extra care sheltered housing; and
- carers' support groups.

Family support

If you know someone who is worried about their memory, encourage them to visit their GP. The more support you can give someone, the better life with dementia can be, especially in the early

years. Focus on what the person can do, not what they cannot do, help with little errands or with cooking, listen to the person with dementia, and find out more about the condition.

When someone is living with dementia, they need:

- support to live their life;
- reassurance that they are still valued and that their feelings matter;

- freedom from as much external stress as possible; and
- appropriate activities and stimulation to help them to remain alert and motivated for as long as possible.

Dementia Friends

People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community. Dementia Friends gives people an understanding of dementia and the small things they can do to make a difference to people

living with dementia – from helping someone find the right bus to spreading the word about dementia.

See www.dementiafriends.org.uk for further information.

Respite care

Spouses, partners and relatives who care for a person with dementia may require a break from their caring responsibilities. This is known as 'respite care' and may be a regular break of a few hours a week or a period of a few weeks.

It may be planned or be required in an emergency

and can involve the person with dementia attending a day centre or a care worker visiting the person's home to enable the carer to have a break.

Contact the council to see if you are eligible for support with arranging these services – see page 14 for information on assessments.

Care at home

It can often be best for a person living with dementia to stay living in their own home for as long as possible. This may mean they require some support services at home to help them continue to live well with dementia.

The person living with dementia will respond best to having the same care staff who know them well. Continuity of care can be provided by either care agencies or carers employed directly by the person or their family.

Specialist dementia day centres

A good day care service will offer a range of activities and support that will enable the person with dementia to retain skills and remain part of their local community.

Specialist day centres for people with dementia should be organised and run with their needs in mind, aiming to build on their strengths and abilities. Activities may include outings, entertainment, personal care, meals, hairdressing and support for carers.

Attendance at day centres can be offered from just a few hours a week to several days. Contact the council or your local Alzheimer's Society office for

more details. See 'Useful local contacts' beginning on page 78.



Local dementia support groups

Joining in new activities and sharing experiences with other people can be a positive and rewarding experience for those with dementia.

Every effort has been made to check the accuracy of the following information. However, it is subject to change during the lifetime of this Directory. For the latest information, contact the provider directly.

Boston

Boston Caring Companions Carers Support Group

The Orchards, Causeway, Wyberton PE21 7BS

Tel: **01205 871465**

Email: alaninwrangle@gmail.com

Boston Dementia Café

Run by Alzheimer's Society.

Len Medlock Centre, St Georges Road PE21 8YB

Tel: **01522 692681**

Email: lincoln.enquiries@alzheimers.org.uk

Web: www.alzheimers.org.uk

Memory Lane Dementia Day Service

Mayfields Extra Care Scheme,

Broadfield Lane PE21 8DY

Tel: **0345 604 1472**

Email: memorylane@lincolnshirehp.com

East Lindsey

Alford Dementia Support Group

Alford War Memorial Hall, Chauntry Road, Alford

LN13 9HW

Tel: **01507 463262**

Email: annedncn@gmail.com

Memories Matter – Louth Dementia Friendly Support Group

Trinity Centre, Eastgate LN11 8DJ

Tel: **07938 674302**

Email: jaynepegg@hotmail.com

Lincoln

Lincoln Dementia Café

Run by Alzheimer's Society.

Bracebridge Community Centre, Maple Street LN5 8QS

Tel: **01522 692681**

Email: lincoln.enquiries@alzheimers.org.uk

Web: www.alzheimers.org.uk

North Kesteven

Sleaford Dementia Café

Run by Alzheimer's Society.

The Source, Southgate NG34 7RY

Tel: **01522 692681**

Email: lincoln.enquiries@alzheimers.org.uk

Web: www.alzheimers.org.uk

Sleaford Dementia Support

Tel: **07761 610664**

Email: sleafordds2023@gmail.com

Web: www.facebook.com/sleafordds2016

South Holland

Holbeach Here-4-U

WI Hall, Park Road PE12 7EE

Tel: **01775 421290** or **07443 628489**

Web: www.facebook.com/p/Here-4-u-100066795935160

Long Sutton Outreach

Run by Royal British Legion.

West Street PE12 9BN

Tel: **01406 363000**

The Meadows Day Centre

1 The Meadows, Spalding PE11 1XR

Tel: **01775 720305**

Web: www.themeadowsspalding.co.uk

South Kesteven

Dementia Support South Lincs

Wake House, 41 North Street, Bourne PE10 9AE

Tel: **01778 426756**

Email: info@dementiasupportsouthlincs.co.uk

Web: <https://dementiasupportsouthlincs.co.uk>



Support for families of
children with additional needs

www.myfamilyyourneeds.co.uk

Grantham Dementia Café

Run by Alzheimer's Society.

Belton Park Golf Club, Belton Park NG31 9SH

Tel: **01522 692681**

Email: lincoln.enquiries@alzheimers.org.uk

Web: www.alzheimers.org.uk

West Lindsey

Cherry Chums – Dementia Support

Tel: **01522 370164**

Email: contact@assistlincs.org.uk

Web: www.assistlincs.org.uk/cherry-chums

Gainsborough Memory Support Café

Run by Order of St John Care Trust.

Foxby Court, Middlefield Lane DN21 1QR

Tel: **01427 613376**

Nettleham Buddies Dementia Café

Nettleham Village Hall, Brookfield Avenue LN2 2SS

Web: www.buddiesdementiacafe.co.uk

West Lindsey Dementia Support Group

Gainsborough Methodist Church,

North Street DN21 2HP

Tel: **01427 613033** or **01777 816751**

Email: gainsboroughmethodist@gmail.com

Web: www.facebook.com/people/West-Lindsey-Dementia-Support-Group/100069675470666



Alzheimer's Society

This leading charity works to improve the quality of life for people affected by dementia. If you have concerns about any form of dementia, please contact your local office for information and support and access to local services. See page 78 for contact details.

Alzheimer's Society's National Dementia support line is available on **0333 150 3456** and can

provide information, support, guidance and signposting to other appropriate organisations. The support line is open from Monday to Wednesday, 9.00am to 8.00pm; Thursday and Friday, 9.00am to 5.00pm; and Saturday and Sunday, 10.00am to 4.00pm.

For more information on care homes for people with dementia, see page 46.

Dementia Support Service Lincolnshire

The service, provided by the Lincolnshire Partnership NHS Foundation Trust, gives people access to a support worker who will provide guidance and advice throughout all stages of dementia.

Support workers are based in the community, working from the different memory clinics across the county. The service accepts referrals from the public and professionals in health and social care, such as from GPs.

To make a referral, call **0303 123 4000**, email lpft.memoriesupportservice@nhs.net or visit www.lpft.nhs.uk/memory-support



Paying for care in your home

Councils provide upfront information on how much people can expect to pay for home care and how charges are worked out. This information must be made available when a needs assessment is carried out. Written confirmation of how the charge has been calculated must be provided after a financial assessment.

If you have more than £23,250 in savings or capital, you will have to pay the full cost of your care. The value of your home is not counted when working out charges for non-residential care. If you have more than £23,250, you should tell Adult Social Care when your savings are likely to fall below this amount.

The council calculates charges in accordance with

national eligibility criteria set by the Government. This ensures people are only required to pay what they can afford, taking into account capital, income and expenditure.

Your assessment looks at how much money you have coming in, gives an allowance (set by the Government) for everyday living expenses and makes allowance for disability-related expenditure. This is the extra amount you spend as a result of your disability or illness. Adult social care can help you to identify these costs. They will also carry out a full benefit check and, if you want them to, assist you with claiming your full entitlement.

Figures mentioned here may change over the lifetime of this Directory.

Non-means-tested care and support

Care provided by the NHS is free; for example, services provided by a community or district nurse. Some people do not have to pay towards care services. For example, aftercare services provided under section 117 of the Mental Health Act are free of charge.

If you need care or support, you may be eligible to claim Attendance Allowance (AA) or Personal Independence Payments (PIP). AA and PIP are non-means-tested benefits. Provided you are eligible, you can receive AA or PIP regardless of how much income or capital you have.

AA is payable to people over State Pension age and PIP to those aged between 16 and State Pension age. There are different rates that can be awarded, dependent on the level and type of help you need. These can be found at www.gov.uk and you can check your State Pension age at www.gov.uk/state-pension-age

Other ways to fund your care and support

It is important to seek independent financial advice if you are paying for your own care and support. There are independent financial advisers that

focus specifically on care funding advice, often referred to as specialist care fees advisers. They are regulated by the Financial Conduct Authority (FCA) and must stick to a code of conduct and ethics and take shared responsibility for the suitability of any product they recommend.

Money Helper

A free and impartial money advice service set up by the Government.

Tel: **0800 138 7777**

Web: www.moneyhelper.org.uk/en

Society of Later Life Advisers (SOLLA)

Aims to assist consumers and their families in finding trusted, accredited financial advisers who understand financial needs in later life.

Tel: **0333 202 0454**

Email: admin@societyoflaterlifeadvisers.co.uk

Web: <https://societyoflaterlifeadvisers.co.uk>



Helping Hands Home Care

Visiting, live-in and respite care to help people live well in the homes and communities they love.

Whether it's regular companionship, housekeeping, support with the daily routine or participating in community activities, Helping Hands is here to help you continue thriving in the home and community you cherish; because what matters most to you, matters to us.

“

Their level of service and professionalism is outstanding

Mr Martin, Customer

”

The benefits of home care from Helping Hands:

- Bespoke care plan matched to your lifestyle
- From 30 minute visits to live-in support
- Fully managed, CQC regulated service from employed, well-trained carers
- Remain at home in familiar, comforting surroundings

Call today for a free assessment:

Lincoln - 01522 254 221

24 Hour Live In Care

Our care is focused on keeping people safe and happy in the comfort and familiarity of their own home, whilst improving their overall health and wellbeing.

Care is provided on a one-to-one basis and is highly personalised reflecting not just a individual's care needs, but their choices, wishes and social preferences so they are able to maintain as much independence as possible, whilst enjoying the warmth of their own homes.

Whether you have mobility and frailty issues, are recovering from an operation and need convalescent care, or you simply require companionship care at home, our comprehensive live-in care service ensures you can live a fulfilled and meaningful life.

01673 847140



What Does This Care Include?

- Convalescence care
- Meal planning and cooking
- Domestic and household support
- Day Care
- Personal Care
- Mobility Support
- Companionship
- Mental Health
- Dementia Care

Have a question? get in touch...

paul@clarkjames.co.uk

www.clarkjameshomecare.co.uk



Agency 1

Agency 2

Agency 3

Fees per week	Quality rating*
£	
£	
£	

We suggest that you have paper with you when speaking with home care agencies so you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

About the agency

How long has the agency been operating?

How long are staff allocated per visit?

Can you contact the agency in an emergency or outside office hours?

Does the agency have experience with your specific needs?

Staff

Are you likely to be visited by different staff each day?

Are all staff checked with the Disclosure and Barring Service?

Will you be notified in advance if your care worker is on holiday or sick?

Are staff matched to you specifically, based on your needs and preferences?

Can you meet your care worker(s) before they start?

Does the agency have both male and female staff?

Accommodating your needs

Can the agency accommodate your needs if they increase? Ask about the process for this.

Does the agency have a training scheme in place?

Are all staff trained to a certain level?

Are staff able to help with administering medication if required?

Is there a way for staff to communicate with each other about the support they provide when they visit you? How?

Regulation

Will your support plan be reviewed at regular intervals?

Can you see the agency's contract terms?

Can you lodge a complaint easily?

Are complaints dealt with quickly?

Can you see a copy of the agency's CQC registration certificate and quality rating?

Notes

*See page 53.

Home care providers

These listings are broken down into regions across Lincolnshire; however, please note that agencies may provide support outside of the area they are listed in. Contact the providers for more information.

Boston

Angels on Call, The

Boston

Tel: 07572 592471

OP D PD SI YA

Care Plas Services Ltd

Boston

Tel: 07429 017829

OP YA

Cera – Lincolnshire

Boston

Tel: 01205 631101

OP D PD MH SI YA AD

Clarity Homecare Boston

Boston

Tel: 01205 386086

Advert page 29

OP D PD SI YA



Town And Country Care

Always remembering
"it's your care" not ours

Personal Care •
Bathing and Showering •
House Care •
Food Preparation •
Medication Prompts •
Laundry •
Shopping •
Day Sitting •
Night Sitting •
Companionship •
Help with outside visits such •
as Hospital appointments



We are a locally based **Homecare Service** with our roots firmly embedded in Boston and all its adjoining villages.

We aim to provide a service that is **reliable** giving the maximum amount of **choice** and **Independence** as possible and a service that is transparent, accountable, where there is always the facility to get hold of a Team Leader or coordinator in the case of a problem or concern.



01205 354329

townandcountrycare@aol.co.uk

Flo's Friends

Boston

Tel: 07411 846692

OP D PD LDA YA

Healthy Homecare Services Ltd

Boston

Tel: 01205 612296

Advert below

OP D PD LDA MH SI YA

Town and Country Care

Boston

Tel: 01205 354329

Advert below

OP D PD SI YA

Walnut Care at Home

Boston

Tel: 01205 280101

OP D PD LDA SI

+ **Healthy Homecare Services Ltd.**



Love & Care for Older People

We are a domiciliary care agency supporting adults aged 18+, offering **personal care**, **palliative care**, **respite**, **live-in care** and **Independent supported living**. We also provide **residential care home services**, including short-stay recovery for individuals recuperating from illness, supported living accommodations, ensuring compassionate, tailored support to promote dignity, independence and well-being in all our services.

- **Domiciliary Care** • **Domestic Services**
- **Palliative Care** & Many more

✉ amhcltd@live.co.uk

01205612296
07951548684
07395077596

Search for care in your area

- Find care providers quickly and easily
- Search by location and care need

CareChoices

www.carechoices.co.uk



Service	OP Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism
User Bands	MH Mental health	SI Sensory impairment	YA Younger adults	AD People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

Advertisers are highlighted



Clarity
Homecare

Regulated by



Are you seeking Homecare Support? We are here to help!

Our Homecare Services

We provide a comprehensive range of customised care services across the region. Covering **Boston, Skegness, Spalding, Horncastle, Woodhall Spa** and the surrounding towns and villages.

Personal Care

Hospital Discharge

Home Help

Night Care

Companionship

Dementia Care

Respite Care

Palliative Care

Live-in Care

Shopping Assistance

Call today and discuss your care needs.

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PD LDA MH SI YA

Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA

Younger adults

AD People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

East Lindsey continued

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JDW Care Ltd

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OP MH YA

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Lindum Court

Doncaster
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Living Ambitions North East Lincolnshire

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Scunthorpe
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Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

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Adults Supporting Adults (ASA Shared Lives)

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Lincoln

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- Domestic Services
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- Palliative Care
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OP D PD SI

LDA

For information on home care and how it could help you, see page 19.

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Forget Me Not Home Care Ltd
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PD LDA YA



South Holland

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OP D PD LDA SI YA

Service	OP	Older people (65+)	D	Dementia	PD	Physical disability	LDA	Learning disability, autism
User Bands	MH	Mental health	SI	Sensory impairment	YA	Younger adults	AD	People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

Advertisers are highlighted



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Bourne

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OP D PD LDA MH SI YA

Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA

Younger adults

AD People who misuse alcohol or drugs

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OP D PD YA**

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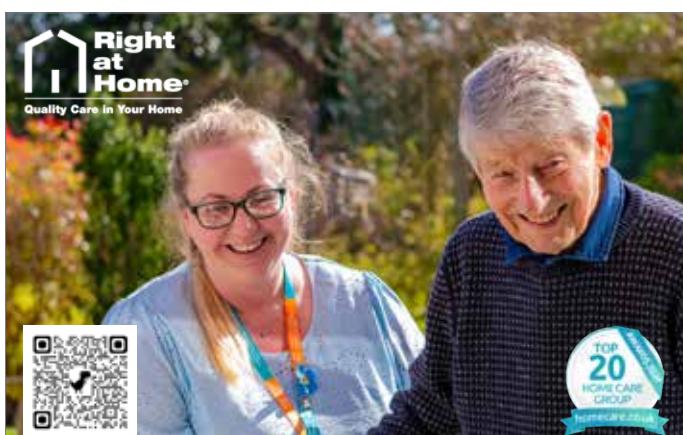
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Service **OP** Older people (65+) **D** Dementia
User Bands **MH** Mental health **SI** Sensory impairment

PD Physical disability **LDA** Learning disability, autism
YA Younger adults **AD** People who misuse alcohol or drugs

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OP Older people (65+)

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PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs

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Properties may be available for rent, mixed tenure or to purchase.

Supported Living

Supported Living is a term generally used to describe situations in which people (often adults with a learning disability or mental health condition) rent their home, and their personal care or support is arranged separately. This means they can change their support without having to move or move and take the same support with them. People have greater security of tenure and can claim a wider range of welfare benefits than they can in residential care.

Supported Living can be delivered in a range of settings, including individual flats or houses, clusters of self-contained flats on the same site, shared accommodation and extra care housing. The individual, a private landlord, housing association,

local authority or charity may own the property.

Supported Living refers to the way in which accommodation and support are organised, rather than the amount of support. This is tailored to your individual needs and can include access to support 24 hours a day if assessed as necessary, although many people do not require this – particularly with the use of assistive technology (discussed on page 10).

For further information, contact **Lincolnshire County Council's Customer Service Centre** by calling **01522 782155** or emailing **csc_socialcare@lincolnshire.gov.uk**

Shared Lives

Shared Lives is a care service for older people and adults with learning or physical disabilities. It is family-based care provided by individuals

and families. Shared Lives carers are local people recruited and trained to make sure they have the right qualities to provide care and support.

Sheltered housing

If you are an older person who would like to live independently but would also like the added security and reassurance of a scheme manager and an alarm call service, sheltered (or retirement) housing may be the answer. Sheltered housing is provided by local authority housing departments

and employs a scheme manager, who is either based at the site or visits regularly.

Many sheltered housing schemes also have communal lounges, laundry facilities, lifts, door entry systems and specially adapted facilities.

Extra care housing

Extra care housing brings together self-contained accommodation with some communal facilities, allowing you to retain some independence in your living space while also receiving help from an on-site designated team of care workers. In an extra care scheme, instead of the low-level support traditionally provided by wardens in sheltered schemes,

higher levels of care and support are provided by the care workers, who can be available 24 hours a day. Extra care allows you to retain your own tenancy and have care services delivered, ensuring you can remain safely in your own self-contained accommodation. For information on extra care housing in your region, contact adult social care.

Specific care and support services

Learning disability

If you are living with a learning disability in Lincolnshire, you should contact your local council for support. They may be able to signpost you to local services and assess your needs in case they can help you.

The council aims to keep people independent in their own homes wherever possible but, if you need to move somewhere with care and support, you might like to consider a housing with care scheme – see page 42.

If your needs are such that you require support in a care home, this Directory contains a list of all care homes in Lincolnshire, starting on page 57.

All learning disability providers are denoted with **LDA**.

For further information, contact Lincolnshire County Council's **Customer Service Centre** on **01522 782155** or email **csc_socialcare@lincolnshire.gov.uk**

Mental health

If you are worried about your mental health, it's important to remember that you aren't alone. Lots of people have issues with their mental health and there is help and advice available in Lincolnshire to support you.

Lincolnshire Partnership NHS Foundation Trust

Provides a range of services for older adults with mental health-related needs.

Web: www.lpft.nhs.uk

Lincolnshire Talking Therapies

You can self-refer without the need to contact your GP or other healthcare professional. If you prefer, you can speak to your GP first and they will refer you.

Web: www.lpft.nhs.uk/talking-therapies

Single Point of Access

The first point of contact for you, if you would like to access mental health services in Lincolnshire.

Tel: **0303 123 4000**

Email: lincs.spa@nhs.net

Shine Lincolnshire

Award-winning network of people and organisations involved in mental health.

Room 25, Commerce House, Carlton Boulevard, Lincoln LN2 4WJ

Tel: **01507 304548**

Email: info@shinelincolnshire.com

Web: [https://lincsshine.co.uk](http://lincsshine.co.uk)

Physical disability

If you have a physical disability or a long-term illness, adult social care and other organisations in the independent and not-for-profit sectors may be able to signpost you to, or provide you with, a range

of services to help you live as independently as possible. There are also services available to support someone who may be your carer; see page 16 for more information.

Sensory services

The sensory services team can provide information packs, advice and access to services as well as support from a network of national and local agencies for those who are blind or partially sighted

or have a degree of sight loss.

The team offers a service to people with a significant sight loss in both eyes that is not correctable with

surgery or glasses. If your sight loss is not as severe as this, the team can give you advice about appropriate support available from other organisations.

If you care for someone with a sensory need, the sensory services team can carry out an assessment of your needs as a carer to help you to continue to support them. For more information or to make a referral, use the following contact details.

Lincolnshire Sensory Services

Wellingore Hall, Hall Street, Wellingore, Lincoln LN5 0HX

Tel: **0333 320 2667**

Text: **07710 155104**

Email:

contact@lincolnshiresensoryservices.org.uk

Web: **www.lincolnshiresensoryservices.org.uk**

Advocacy

Advocates can give advice, support and information to people of any age. They help you to voice your concerns and guide you through difficult or challenging times. You should consider using the services of an advocate if you feel unsure or concerned when you are faced with making an important decision about your care.

Advocates are not there to tell you what to do or to make decisions for you, but to help you express your

views and make your own decisions. Councils have a legal obligation to provide an advocate to you if you need one at any stage of your care and support planning with them. For all enquiries, contact VoiceAbility Lincolnshire.

Tel: **0300 303 1660**

Email: **helpline@voiceability.org**

Web: **www.voiceability.org/support-and-help/services-by-location/lincolnshire**

Planning for end of life

The subject of dying is often painful to contemplate; however, planning for the end of life can be a good way to share your wishes and help your family to know what you would like to happen. Good planning for all your needs should mean that you can convey your wishes, including where you would like to die if you choose. You may wish to remain in your own home or care home in your last days and not be admitted to hospital.

When choosing a care service, you should consider its end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care. The way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of life care. It should initiate conversation with you and your family and work with your GP to ensure your needs and wishes are discussed and planned for. An end of life care plan should also be drawn up, as it is vital to establish your preferences and choices. You could use the Preferred Priorities for Care (PPC)

document to help with outlining your wishes. The PPC document is designed to help you prepare for the future and gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of life.

It is worth asking care providers whether they are working towards The Gold Standards Framework. This can be used in various settings, for example hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

Planning for your funeral

While you are thinking about the future, you may want to consider writing down your wishes for your funeral. This can help to alleviate pressures on your family. They may appreciate knowing your wishes, so they can make sure they are considered at your funeral. By detailing your wishes, your family can be comforted by the fact they don't need to make all the decisions about what you would have liked or wonder whether they are making the right choices.

Hospice UK outlines information to help make funeral arrangements easier at www.hospiceuk.org (search 'How to arrange a funeral').

You do not have to instruct a funeral director but, if you do, ensure the director you choose is a member of either the National Association of Funeral

Directors or the National Society of Allied and Independent Funeral Directors. These associations have strict guidelines to which members must adhere.

See page 82 for details of organisations that may be able to help you plan for the end of your life or your funeral.

Care homes

All care homes and agencies providing care at home in England must be registered with the independent regulator, the Care Quality Commission (CQC).

The CQC inspects every care home and home care

agency, publishing a report along with a rating. CQC quality ratings must be displayed at the operator's premises and on its website. You can also find inspection reports and ratings for all services on the CQC's website (www.cqc.org.uk).

Types of care home

Care homes (personal care only)

If you need someone to look after you 24 hours a day, but don't need nursing care, a care home offering only personal care may be the best option. Personal care includes bathing, feeding, dressing and help with moving. It is a good idea to have a needs assessment before you choose a care home to ensure it is the best way to meet your needs. See page 14 for more on assessments.

Care homes with nursing

A care home with nursing provides the same care and support as a care home offering personal care, but with 24-hour nursing staff on hand. If you think you may need nursing care in a home, you will need to be visited by a social worker or a care manager to work out what care you will need.

This visit might be in your own home, in hospital if you've been ill or in a care home. You will be fully involved in planning for your care needs.

If, after a needs assessment, a care home providing nursing care is the best solution for you, a social worker will give you information to help you find a home which meets your care requirements. The cost of the nursing care part of your fees may be paid by the NHS to the home directly: the current amount is £254.06 per week. This figure may change over the lifetime of this Directory – check with adult social care.

For help with finding care homes and care homes with nursing in your area, visit
www.carechoices.co.uk


**NEWTON
HOUSE**
BARCHESTER HEALTHCARE
148 Barrowby Road,
Grantham, NG31 8AF

[barchester.com/
Lincolnshire](http://barchester.com/Lincolnshire)

Care that's shaped around your loved one.

We'll spend time getting to know your loved one, and the people and things that are most important to them, so that we can put the right care and support in place.

Call 01476 452 380 to find out how we can help.

Residential, Nursing, Dementia and Respite Care



Activities in care homes

The word 'activity' can imply many different things but, in the context of a care home, it should mean everything a resident does from when they open their eyes in the morning until they go to sleep at night. Activities should stimulate residents emotionally, physically and mentally and, in a good care home, should encompass all aspects of daily life. They can range from choosing what to wear, to helping with tasks around the home or garden, to listening to the radio or joining in with an art or exercise class.

Above all, activities provide a point of interest, fun and challenge to each day. They should enable

people to participate in daily life, be engaged and maintain hobbies or activities they have enjoyed throughout their life, as well as offering the opportunity to try something new, if they wish.

Lots of care homes now employ a dedicated activity co-ordinator. What they do and how they do it varies from one home to another. Increasingly, they are fully integrated into the staff team, play a key part in developing care plans and ensure that all staff appreciate the part they play in delivering high-quality activity provision. Ensure you speak to any potential providers about the activities they provide in their care home.

Care homes and dementia

A good care home will follow the concept of a person-centred approach to care for people with dementia. This means that the unique qualities and interests of each individual will be identified, understood and accounted for in any care planning.

The person with dementia will have an assessment and an ongoing personalised care plan, agreed across health and social care. This should identify a named care co-ordinator and addresses their individual needs.

They must also be given the opportunity to discuss and make decisions, together with their carers, about the use of advance statements, advance decisions to refuse treatment, Lasting Powers of Attorney and Preferred Priorities for Care. For more information on these last two topics, see pages 52 and 44 respectively.

It is important that care and support options are

tailored to the needs of the individual. Make sure staff know the person you care for by providing life-story books, telling staff about their likes and dislikes and providing belongings that bring comfort and have meaning for them.

Within the home, much is down to the attitude and skills of the manager and the staff. Do they provide an environment that enables a person with dementia to exercise choice and personal preferences even in the later stages of the condition? Who is the person in charge of championing dementia care best practice in the home? Further questions to consider are included in the residential dementia care checklist on page 49.

Design and technology

The design of a care home specialising in dementia should be based on small group living, preferably with accommodation on one level and with opportunities to go in and out of the building within a safe environment.



WOOD
GRANGE
BARCHESTER HEALTHCARE

Westminster Lane,
Bourne, PE10 9TU

barchester.com/
Lincolnshire

Care that's shaped around your loved one.

We'll spend time getting to know your loved one, and the people and things that are most important to them, so that we can put the right care and support in place.

Call 01778 752 570 to find out how we can help.

Residential, Nursing, Dementia and Respite Care



Plenty of natural light and an easy way of finding one's way around the building and grounds are essential for minimising disorientation.

Staff training

Dementia-specific training is essential to ensure that care home staff understand how

they can best support and care for people with dementia.

Ask about the Dementia Friends Ambassador and, if the home does not have a specific dementia lead, ask whether the staff has the necessary experience to support someone to live well with dementia.

Paying for care

When a local authority provides or arranges your services, you may be asked to contribute towards

the cost of care at home or in a care home, depending on your personal circumstances.

Financial assessment

To determine whether or not you will need to contribute towards the cost of your support, the council will conduct a financial assessment. This will look at your capital, savings and income.

The value of your home is included as part of your capital in this assessment if you are moving into residential care, except in limited circumstances. It is not included if you are receiving care in your own home. If you choose not to have a financial assessment, you will be responsible for paying the full cost of your care and support.

If you have capital and savings of less than £14,250, you may be asked to contribute part of your income and the local authority may meet the shortfall.

If you have capital and savings between £14,250 and £23,250, you are likely to have to contribute part of your income towards your care costs. A sliding scale operates whereby you contribute £1 for each £250

you have in capital and savings above £14,250.

If your capital and savings amount to more than £23,250, you will likely have to pay the full cost of your care yourself. However, you are still entitled to an assessment of your needs by the council, and you may be able to get some support with funding your care – see page 50. These figures may change during the lifetime of this Directory.

If you are eligible for support from the council and are moving into a care home or care home with nursing, you will be given a choice of homes that charge the amount the council would usually pay for someone with your needs.

If the home you choose charges more than the local authority's funding limit, you will need someone else to meet the additional amount. This is often referred to as a 'third party payment' or 'top-up' (explained further on page 50 and 51).

Running out of money

If your capital and savings are likely to reduce to £23,250 through payment of care home fees, you must let the council know well in advance. It must undertake an assessment of your circumstances before deciding if it will make a contribution.

If you become eligible for the council's support with funding your care, and the home you are living in charges more than the council's fee levels, you must find someone to pay the difference. This is known as a 'top-up' or third party payment' (see page 50 and 51).

If funds for a top-up are unavailable, you will need to find accommodation that meets your needs at the local authority fee level.

Understanding your rights before moving into care is essential. There are several financial products and specialist companies that may be able to help. It is important to seek independent financial and legal advice before committing yourself to anything.

See page 51 for more information.

Home 1

Home 2

Home 3

Fees per week
£
£
£

Quality rating*

We suggest that you take paper with you when visiting care homes so that you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

Staff

What is the minimum number of staff that are available at any time?

Are staff respectful, friendly and polite?

Do staff have formal training?

Are the staff engaging with residents?

Activities

Can you get involved in activities you enjoy?

Is there an activities co-ordinator?

Does the home organise any outings?

Are residents escorted to appointments?

Do the residents seem entertained?

Does the home have a varied activities schedule?

Life in the home

Is the home adapted to suit your needs?

Can you bring your own furniture?

Are there enough plug sockets in the rooms?

Are there restrictions on going out?

Is there public transport nearby?

Does the home provide any transport?

Can you make/receive calls privately?

Can you decide when to get up and go to bed?

Does the home allow pets?

Does the home use Digital Care Planning accessible to families?

Personal preferences

Is the home too hot/cold? Can you control the heating in your room?

Is the décor to your taste?

Are there restricted visiting hours?

Is there somewhere you can go to be alone?

Does the home feel welcoming?

Catering

Can the home cater for any dietary requirements you may have?

Does the menu change regularly?

Can you eat when you like, even at night?

Can you have food in your room?

Is there a choice of food at mealtimes?

Is alcohol available/allowed if you want it?

Can visitors join you for meals?

Fees

Do your fees cover all of the services and activities?

Are fees likely to change regularly?

Is the notice period for cancellation of the contract reasonable?

Could you have a trial period?

Can you keep your room if you go into hospital?

Can you handle your own money?

*See page 53.

Home 1

Home 2

Home 3

Fees per week	Quality rating*
£	
£	
£	

We suggest you take paper with you when visiting care homes so that you can make notes. Please use this checklist in conjunction with the care homes checklist on page 48. You can download and print this checklist at www.carechoices.co.uk/checklists

Design

Are there clear signs throughout the home?

Has the home been designed or adapted for people with dementia?

Are the home and grounds secure?

Are there prompts outside the residents' rooms to help people identify their own?

Is the décor familiar to your loved one?

Choices

Do residents get a choice in terms of what they wear each day?

Are residents encouraged to be independent?

Can residents decide what to do each day?

Can residents have a say in the décor of their room?

Activities

Are residents able to join in with household tasks like folding washing?

Are there activities on each day?

Can residents walk around outside on their own?

Are residents sitting in front of the TV or are they active and engaged?

Are there rummage boxes around?

Health

Can residents get help with eating and drinking?

How often does the home review residents' medication?

Does the home offer help if a resident needs assistance taking medication?

Do GPs visit the home regularly?

Staff

Are staff trained to identify when a resident might be unwell?

Are staff trained to spot when someone needs to go to the toilet?

Do the staff have any dementia-specific training/experience?

Will your loved one have a member of staff specifically responsible for their care?

Approach to care

Does the home follow a specific approach to dementia therapy, for example, validation therapy?

Will the home keep you informed about changes to your loved one's care?

Does the home have a specific approach to end of life care?

Does the home keep up to date with best practice in dementia care?

*See page 53.

Non-means-tested support

Some support may be available to you without the council needing to look into your finances.

Benefits

Attendance Allowance and Personal Independence Payments are non-means-tested, non-taxable benefits from the Department for Work and Pensions. There are different rates depending on the level of your needs. Everyone who needs care should consider claiming these benefits.

You cannot usually get Attendance Allowance if you live in a care home and your care is paid for by your local authority. You can still claim Attendance Allowance if you pay for all your care home costs yourself.

If you are entitled to the mobility component of the Personal Independence Payment, this payment will not stop once you are in a care home and is not included in your financial assessment.

You may also want to consider applying for Universal Credit (if you are under State Pension age) or Pension Credit (if you are over State Pension age). Check your State Pension age at www.gov.uk/state-pension-age

NHS Continuing Healthcare

Fully funded care and support provided and paid for by the NHS. To be eligible, your needs must be primarily health related and are likely to be severe.

If you are eligible for NHS Continuing Healthcare, you can receive the services in any setting, including your own home or in a care home.

The NHS will pay if you need healthcare from a community nurse or a therapist as well as personal care to help you at home.

Third party payments

If you are eligible for support from the council, you will be offered a choice of homes that meet the local authority's funding rates. If you decide to live in a more expensive home and someone is able to make an additional payment for you, they will have to pay

Self-funding your care

Paying for care can be an expensive and long-term commitment, so the council strongly recommends that you seek specialist information and advice before entering into any arrangements. It is important that you seek specialist advice from appropriately qualified and regulated financial advisers – see page 51 for suggested contacts.

Twelve-week property disregard

If your former home is included in your financial assessment but your other capital and savings are less than £23,250, and your income is not enough to meet your care home fees, the council may share the cost of the first 12 weeks of permanent care, provided it agrees that care is needed.

Deferred Payment Agreements

After the twelve-week property disregard period, you may be offered a Deferred Payment Agreement. This allows you to delay selling your former home during your lifetime.

Any fees paid by the council will be charged against the value of your home and must be repaid once the house is sold or from your estate. Interest is payable throughout the period of the loan and there is also a one-off fee to join the scheme, which covers all legal and administrative costs for the lifetime of the loan. The council may limit the amount of the loan, depending on the equity in your property.

NHS Nursing Care Contribution

Whether you are a temporary or permanent resident, if you live in a care home that provides nursing care, you may be entitled to a non-means-tested Registered Nursing Care Contribution (sometimes referred to as Funded Nursing Care) towards the cost of your nursing care. This is paid directly to the home.

the local authority the difference between its rate and the amount the home charges. This additional payment is called a 'top-up' or 'third party payment'.

You are not allowed to make this additional payment

yourself, except in limited circumstances, so the responsibility usually falls to a family member, friend or charity.

Before anyone agrees to pay your top-up, they should be aware that the amount may increase, usually once a year, and they need to be confident they can sustain the payments for as long as they are required. They will need to sign a contract with the council to confirm they are able to do this. If the additional payments stop being paid for any reason, you should seek help and advice from your council. You may have to move to a cheaper home within the

local authority's funding levels. If you are already a resident in a care home, and no top-up was required at the time you became a resident, the home may seek to introduce one at a later date, which would need to be agreed first with the local authority.

This may happen if a change to your arrangements is made at your request or with your agreement, for example, if you move to a more expensive room. It is important to note that councils have a duty to offer you a place at a home that accepts their funding rates. If no such place is available, a top-up should not be charged.

Seeking financial advice

Planning for your future care and support needs can be complicated and funding care can be expensive. Professional advice may be helpful in enabling you (and your family) to identify the most suitable and cost-effective solution.

Everyone is encouraged to seek unbiased, expert advice from independent financial advisers to help work out how to pay for long-term care. Independent financial advisers are regulated by the Financial Conduct Authority (FCA) and must take shared responsibility for the suitability of any product they recommend.

Unlike advisers who are tied to particular providers, specialist care-fees advisers can offer advice on products from across the whole market. A list of independent financial advisers who are accredited by the Society of Later Life Advisers can be found at <https://societyoflaterlifeadvisers.co.uk>

or you can call **0333 202 0454**.

There are also several organisations that will provide free advice about funding care and support. These are a good place to start if you are looking for information and want to see what your options are.

Age UK

Tel: **0800 678 1602**

Web: www.ageuk.org.uk/information-advice/money-legal

Citizens Advice

Tel: **0800 144 8848**

Web: www.citizensadvice.org.uk

Money Helper

Tel: **0800 138 7777**

Web: www.moneyhelper.org.uk/en



Support for families of children
with additional needs -
from birth to adulthood

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- Practical advice
- Directory of services

www.myfamilyourneeds.co.uk hello@myfamilyourneeds.co.uk

Important information

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be emailed to you.

They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see pages 53 and 54), indicating the quality of care provided. You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function.

Visit **www.carechoices.co.uk**

How solicitors can help

A solicitor can give you impartial advice about wills, gifts, estate planning and powers of attorney. Some can also offer guidance on immediate and long-term care plans, ensuring (if applicable) the NHS has made the correct contribution to your fees.

Lasting Powers of Attorney (LPAs) allow you to appoint someone you trust to make decisions about your personal welfare, including healthcare and consent to medical treatment, and/or your property and financial affairs, if you are unable to do so yourself. An LPA is only valid once registered with the Office of the Public Guardian. It allows a person of your choice to make decisions on your behalf at a time when you may be unable to do so. If a person is incapable of managing their own affairs and does not have an LPA in place, the Court of Protection can issue Orders directing the management of that person's property and financial affairs. The Court procedure is very slow, and the fees are quite expensive, so preparing an LPA in advance is always advisable, providing you have somebody sufficiently trustworthy to appoint as your attorney.

An 'Advance Directive' allows you to communicate your wishes in respect of future medical treatment, but it is not legally binding. You may instead wish to make a living will, properly known as an 'Advance Decision', setting out treatment that you do not want to receive in specified circumstances,

which would legally have to be followed, even if you die as a result.

Any proposed gift out of your estate needs careful consideration of the benefits, risks and implications, particularly on any future liability for care costs or tax liability.

If you don't have your own solicitor, ask family or friends for their recommendations. Contact several firms, explain your situation and ask for an estimate of cost and an idea of timescales involved. Many firms will make home visits if necessary and will adapt their communications to meet your needs. It's important to find a solicitor who specialises in this area of the law. Citizens Advice offers an advice service and will be able to recommend solicitors in your area.

Visit **www.citizensadvice.org.uk**



Comments, compliments and complaints

If you are unhappy about any aspect of your support – whether it's the way you are treated by the staff, the quality of the food you are served or anything else that affects your happiness or comfort – you should feel able to complain. You should also feel free to make comments and suggestions about possible improvements to your surroundings and the services provided.

Making a complaint should not be made difficult for you and should not affect the standard of care that you receive, whether in your own home or in a care home or care home with nursing. Care services are required under national essential standards of quality and safety to have a simple and easy-to-use complaints procedure.

If you are concerned about the care that you, a friend or a relative are receiving, it makes sense to speak to the manager of the service about your concerns before you take any further action. The problem may be resolved quite easily once they are made aware of it.

However, if you need to make a formal complaint, you should initially contact the registered owners of the service. They have a duty to respond to any

complaints made. Visit www.lincolnshire.gov.uk/comments-feedback/make-complaint for information about how to complain about council services.

If you have a complaint about a breach of regulations, contact your local office of the Care Quality Commission (see page 53 and 54 for more information about the CQC).

If your local authority has arranged and funded a place for you in a care home or has contributed to a home care service, another option is to complain to your social worker/care manager or the department's designated complaints manager.

If you have been unable to resolve your complaint, you can contact the Local Government and Social Care Ombudsman on **0300 061 0614** and ask them to assist you.

The Local Government and Social Care Ombudsman looks at complaints about councils and some other authorities and organisations, including adult social care providers (such as care homes and home care providers). It's a free service designed to investigate complaints in a fair and independent way.

Inspecting and regulating care services



Health and social care services must be registered to show that they meet a set of standards. The Care Quality Commission (CQC) is the independent regulator of health and social care in England. It registers care providers and inspects and rates services. When things go wrong, the CQC can also take action to protect people who use services.

After an inspection of a care home or home care agency, the CQC publishes a report of what it found. The report looks at how well the service meets the CQC's five key questions: Is the service safe? Effective? Caring? Responsive to people's needs? Well led?

Each care home and home care agency will get an overall rating of outstanding, good, requires

improvement or inadequate. It will also get ratings for each key question. The ratings mean you can easily see where a service is performing well and where it needs to improve.

It's always a good idea to check inspection reports and ratings when choosing a care service. You can find reports and ratings on the CQC's website (www.cqc.org.uk). Care providers must also display their latest rating at their premises and on their website.

You can also tell the CQC about your experiences of care – good or bad. It can use your information to see where it should inspect next and what to look out for when it does.

If you want to share your experience of care, visit www.cqc.org.uk/give-feedback-on-care

► CQC assurance

The CQC assurance framework for adult social care requires the CQC to visit local authorities and assess their processes. Local authorities across England can be visited at any time by the CQC to assess how they are making a difference to people's lives.

The CQC assessment

A key part of the CQC assessment is how local authorities place people's experiences at the heart



Out-of-county care

You don't have to move into a care home that is within your current county. You may want to be closer to friends and family members who live elsewhere, or you may have another reason why you'd like to relocate to another part of the country.

If your care home place is state funded, speak to the local authority about who is responsible for your care fees, especially if you choose a care home

of their decisions, and they should expect to be assessed across the following themes:

- working with people;
- providing support;
- ensuring safety; and
- leadership.

For more information, visit

www.cqc.org.uk/local-systems/local-authorities

Tel: **0300 061 6161**

Email: **enquiries@cqc.org.uk**

Web: **www.cqc.org.uk**

Write to: The Care Quality Commission, Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA

in another region. Any home you choose must be suitable for your assessed needs and must comply with the paying authority's terms and conditions. You should seek further advice before making your decision.

For help with finding care providers in Lincolnshire and in other regions, visit **www.carechoices.co.uk** with details of your requirements.

Search for care in your area

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests



Scan to search now

www.carechoices.co.uk



 **CareChoices**

Protecting vulnerable adults

Vulnerable adults may be at risk of abuse, neglect and worse. A vulnerable adult is a person aged 18 years or over who may be unable to take care of themselves or protect themselves from harm or being exploited.

What is adult abuse?

Abuse is mistreatment that violates a person's human and civil rights. The abuse can range from treating someone with disrespect in a way that significantly affects their quality of life, to causing actual physical suffering.

It can happen anywhere – at home, in a care home or a care home with nursing, a hospital, in the workplace, at a day centre or educational establishment, in supported housing or in the street. Forms of abuse could be physical, sexual, psychological, emotional or financial. It could also be an example of modern slavery, self-neglect and even institutional abuse. This is where the abuse affects more than one person within an organisation and is not addressed by the service's management.

Who might be causing the abuse?

The person who is responsible for the abuse may be known to the person who is being abused and could be:

- a care worker or volunteer;
- a health worker, social care or other worker;
- a relative, friend or neighbour;
- another resident or service user;
- an occasional visitor or someone who is providing a service; or
- someone who deliberately exploits vulnerable people.

If you think someone is being abused, contact the Customer Service Centre on **01522 782155** (Monday to Friday, 8.00am to 6.00pm).

Outside of this time, you can contact the Emergency Duty Team on **01522 782333**. Your concerns will be taken seriously and will receive prompt attention, advice and support. If the abuse is also a crime such as assault, racial harassment, rape or theft, you should involve the police to prevent

someone else from being abused. If the police are involved, adult social care will work with them to support you.

If you are worried about contacting the police, you can contact adult social care on **01522 782155** to talk things over first. If immediate action is needed, dial **999**.

You can also:

- contact the Care Quality Commission (CQC) on **0300 061 6161** if the vulnerable adult is living in a registered care home, care home with nursing or receiving home care services; or
- let a public service professional, such as a social worker, community nurse, GP, probation officer or district nurse know your concerns. They have responsibilities under the county's adult protection procedure and can advise you about what to do next.

The Disclosure and Barring Service (DBS)

There is a barring system for all those intending to work, or currently working with, children and vulnerable adults. This service combines the criminal records checking and barring functions. For disclosure information and services, visit www.gov.uk/dbs

Care home or care home with nursing owners, home care agencies and employment agencies that supply care workers are required by law, as part of the range of pre-employment checks, to request specific checks, including disclosures from the Disclosure and Barring Service, before hiring an individual.

Care providers and suppliers of care workers are also required to refer workers to the DBS where, in their view, the individual has been guilty of misconduct that harmed, or placed at risk of harm, a vulnerable adult.

People who know they are confirmed on the list but who seek employment in care positions will face criminal charges including possible imprisonment. It is also an offence for an employer or voluntary organisation to knowingly employ a barred person in a regulated activity role.

Residential care in Lincolnshire

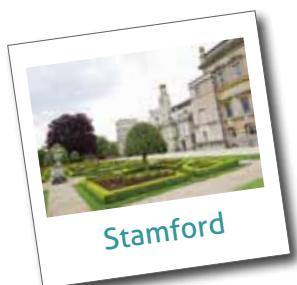
This Directory is divided into the geographical areas listed on this map.

Home care providers begin on page 28.

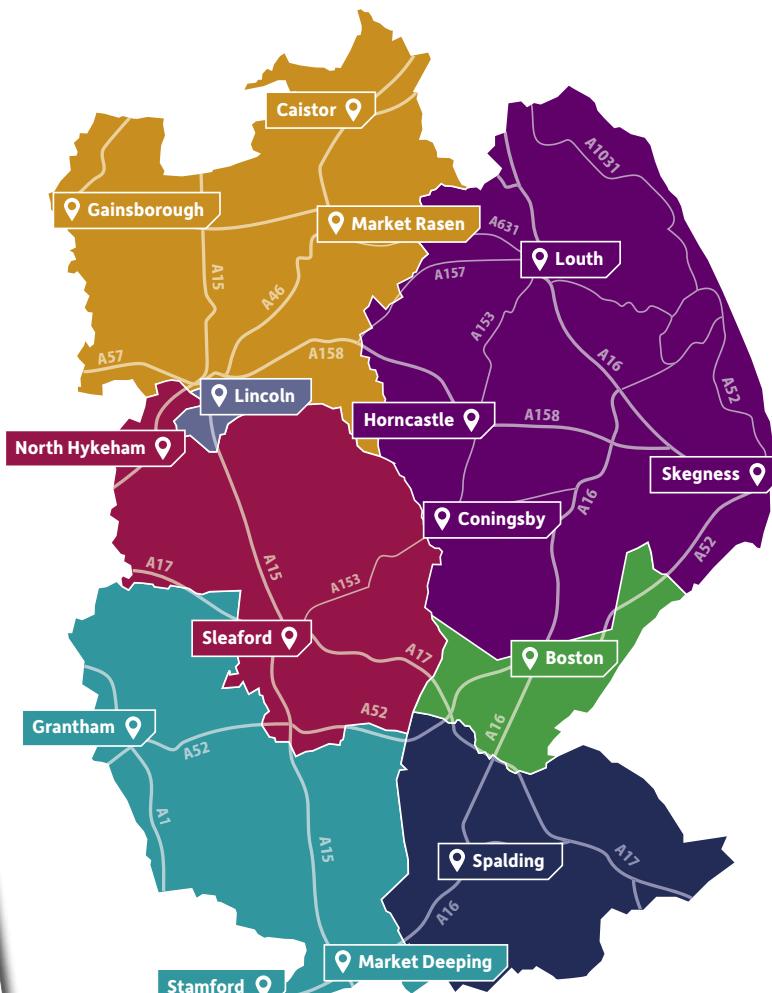
Boston	57
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South Kesteven	71
West Lindsey	73



Louth



Stamford



Glenholme

Passionate about care

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- ♥ Choice of nutritious home-cooked meals
- ♥ Luxurious homely environments
- ♥ Personal care & hairdressing services
- ♥ Daily activities & social events
- ♥ Landscaped gardens

Holdingham Grange

Residential | Nursing | Dementia
📍 Whittle Road, Sleaford
📞 01529 406000

Thimbleby Court

Residential | Dementia | Respite
📍 Thimbleby Road, Horncastle
📞 01507 304321

Halmer Court

Residential | Dementia | Respite
📍 108 Halmer Gate, Spalding
📞 01775 662222

Get in touch to arrange a visit or just to get some friendly advice

🌐 www.glenholme.org.uk/lincs

Boston care homes

Ashridge

14 Tower Road, Boston PE21 9AD
Tel: 01205 366922

OP D LDA MH YA

Avocet House Care Home

Parkes Lane, Boston PE21 7NT
Tel: 01205 336897

OP D PD LDA MH SI YA

Frampton House Residential Care Home

West End Road, Frampton, Boston PE20 1BT
Tel: 01205 724216

OP D

Gardens Residential Home, The

88 Sleaford Road, Boston PE21 8EY
Tel: 01205 359797

OP D

Haven, The

White House Lane, Boston PE21 0BE
Tel: 01205 345005

LDA MH YA

Manor Gate Care Home

190 Causeway, Wyberton, Boston PE21 7BS
Tel: 01205 366260

OP D

Boston care homes with nursing**Elmwood House Nursing Home**

88 Sleaford Road, Boston PE21 8EY
Tel: 01205 369235

OP YA

Georgians (Boston) Ltd, The

50 Wide Bargate, Boston PE21 6RY
Tel: 01205 364111

OP D PD MH SI YA

Hunters Creek Care Home with Nursing

130-134 London Road, Boston PE21 7HB
Tel: 01205 358034

OP D PD MH SI YA

Meadows Edge Care Home Ltd

Wyberton West Road, Wyberton,
Boston PE21 7JU
Tel: 01205 353271

OP D YA

Westfield Nursing Home

34 Sleaford Road, Boston PE21 8EU
Tel: 01205 365835 **Advert page 60**

OP D LDA

Minstrels Residential Home, The

Main Road, Wrangle, Boston PE22 9AJ
Tel: 01205 870910

OP D

Pickworth House

85 Norfolk Street, Boston PE21 6PE
Tel: 01205 580585

LDA MH YA

Ralphland Care Home

Ralphs Lane, Frampton West, Boston PE20 1QU
Tel: 01205 722332

OP D PD MH SI YA

Skirbeck Court (OSJCT)

55a Spilsby Road, Boston PE21 9NU
Tel: 01205 361444

OP D SI YA

Vauxhall Court Care Home

Vauxhall House, Freiston Road, Boston PE21 0JW
Tel: 01205 354911

OP D MH

White Gables Care Home

21 Willington Road, Kirton, Boston PE20 1EP
Tel: 01205 723874

OP D PD SI YA

Willoughby Grange Care Home

Willoughby Road, Boston PE21 9EG
Tel: 01205 357836

OP D PD MH YA

Woodlands Court Care Home

Boston Road, Kirton, Boston PE20 1DS
Tel: 01205 723355

OP D YA



Service **OP** Older people (65+) **D** Dementia
User Bands **MH** Mental health **SI** Sensory impairment

PD Physical disability **LDA** Learning disability, autism
YA Younger adults **AD** People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

Advertisers are highlighted



**Built to last,
Made to care**

Bramhall Residential Home is a beautiful 38 bedded home which is in peaceful surroundings with picturesque gardens.

Bramhall has been run by the owner's The Mercer Family since 1998. The Mercer's pride themselves on having a fully established well run home, with long standing staff, whose priority is the care for their residents.

We have light and spacious rooms with profiling beds where most have their own en-suite facilities for privacy, they have patio doors opening onto a landscaped garden with seating areas.

We offer nutritious and well balanced home cooked meals, with a daily choice of menu.

We also provide activities for our residents 7 days a week, with dedicated staff members.

Bramhall promotes a home from home environment, where our residents are classed as our extended family.

We pride ourselves on offering the following:

- **Specialists in Dementia Care with a dedicated wing**
- **Promoters of rehabilitation**
- **Day Care**
- **Respite Care**
- **Short breaks**
- **Convalescence**
- **A Quality of life**
- **CCTV in communal areas for the safety and security of our Residents**



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1 Butt Lane | Tattershall | Lincolnshire | LN4 4NL

www.mercercare.co.uk



East Lindsey

Horncastle care homes

See page 62 for the **Service User Bands** key

Ascot House – Scunthorpe

88-90 Oswald Road,
Scunthorpe DN15 7PA
Tel: 01724 867261

Balmoral House

Old Brumby Street, Old Brumby,
Scunthorpe DN16 2DB
Tel: 01724 854836

Barton House

Tofts Road, Barton-upon-Humber DN18 5NG
Tel: 01482 014366

OP D

LDA SI YA

Baytree Court

Normanby Road, Scunthorpe DN15 6AR
Tel: 01724 855410

OP D

Beech House

Chapel Lane, Barton-upon-Humber DN18 5PJ
Tel: 01652 635049

OP D YA

Bramhall

1 Butt Lane, Tattershall, Lincoln LN4 4NL
Tel: 01526 342632 **Advert page 58**

OP D

Cherry Tree House

Collum Avenue, Ashby,
Scunthorpe DN16 2TF
Tel: 07365 367015

OP D PD YA

Clarence House and The Granary

53 West Street, Horncastle LN9 5JE
Tel: 01507 524466

LDA YA

Dragonby Road

15-27 Dragonby Road,
Scunthorpe DN17 2LD
Tel: 01724 706994

OP LDA YA

Eagle House Care Home

Fleetgate, Barton-upon-Humber DN18 5QD
Tel: 01652 635440

OP D

Edmund House

98-108 Everest Road, Ashby, Scunthorpe DN16 3EE
Tel: 01724 844495

OP D

Gables, The

195 Ashby Road, Scunthorpe DN16 2AQ
Tel: 0808 278 0606

LDA MH YA

Grange, The

Everest Road, Scunthorpe DN16 3EF
Tel: 01724 847956

OP D PD MH SI YA

Greenacres Care Home

Fieldside, Crowle, Scunthorpe DN17 4HL
Tel: 01724 711661

OP D PD

Gresham Lodge Care Home

255 Ashby Road, Scunthorpe DN16 2AB
Tel: 01724 846504

OP D YA

Grove Residential Care Home, The

Main Street, West Ashby, Horncastle LN9 5PT
Tel: 01507 522507

OP D SI

Heatherlea House Residential Care Home

109 Tor-O-Moor Road, Woodhall Spa LN10 6SD
Tel: 01526 353394

OP D YA

Holly House Care Home

124 High Street, Burringham, Scunthorpe DN17 3LY
Tel: 01724 782351

OP D

Keb House Residential Home

Haytons Lane, Appleby, Scunthorpe DN15 0AP
Tel: 01724 733956

OP D

Lincolnshire House Association

Brumby Wood Lane, Scunthorpe DN17 1AF
Tel: 01724 844168

PD

Manor House, The

Whitton Road, Alkborough, Nr Scunthorpe DN15 9JG
Tel: 01724 720742

OP LDA MH YA

Nightingale House Care Centre

Main Road, Bucknall,
Lincoln LN10 5DT
Tel: 01526 388261

Advert inside front cover

OP D PD YA

North Lincolnshire Council Home First Residential

42 De Lacy Way, Winterton, Scunthorpe DN15 9XS
Tel: 01724 298444

OP D PD

Norwood House

15a Station Road, Gunness, Scunthorpe DN15 8SU
Tel: 01724 784333

OP D PD SI YA

Old Library, The

Isaacs Hill, Cleethorpes DN35 8JR
Tel: 01472 601364

OP D PD MH SI YA



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- Grimsby
- Tallington
- Spalding
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For more information
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careenquiries@countrycourtcare.com

www.countrycourtcare.com



Old Rectory, The

Main Road, Stickney, Near Boston PE22 8AY
Tel: 01205 480885

OP D PD YA

Options Applegate House

50 Holydyke, Barton-upon-Humber DN18 5PP
Tel: 01652 636762

LDA YA

Options Roxby House

Winterton Road, Roxby, Scunthorpe DN15 0BJ
Tel: 01724 733777

LDA YA

Options Thorpe House

Sawcliffe Hill, Dragonby, Scunthorpe DN15 0BJ
Tel: 01724 847788

LDA YA

Pilgrimage Short Stay Recovery Unit

47 Punchbowl Lane, Boston PE21 8HU
Tel: 01205 612296

OP MH YA

Richden Park Care Home

37-43 Old Brumby Street, Scunthorpe DN16 2AJ
Tel: 01724 280587

OP D PD

Royal Court Care Home

20 Princes Road, Cleethorpes DN35 8AW
Tel: 01472 600112

OP D

Russell Green Care Home

11 Stanhope Avenue, Woodhall Spa LN10 6SP
Tel: 01526 352879

OP D PD

Saint Lawrence Residential Care Home

102-104 Oswald Road, Scunthorpe DN15 7PA
Tel: 01724 847082

OP

St Mary's

St Marys Court, Scunthorpe DN15 8UP
Tel: 01724 865461

OP D MH YA

Sunningdale Court Care Home

Albert Road, Ashby, Scunthorpe DN16 2TN
Tel: 01724 844181

LDA YA

Toray Pines Care Home ●

School Lane, Coningsby LN4 4SJ
Tel: 01526 344361

OP D PD MH SI YA

Valleys Care Home, The

Harpham Close, Scunthorpe DN16 3AG
Tel: 01724 854863

OP D PD MH YA

Warley House

Warley Road, Scunthorpe DN16 1PL
Tel: 01724 861507

OP D PD YA

Westbridge House

Rehabilitation Unit

1 Westfield Road, Barton-upon-Humber DN18 5AA
Tel: 01652 632437

LDA YA AD

Westerley Residential Care Home for the Elderly – Woodhall Spa ●

Westerley, The Broadway, Woodhall Spa LN10 6SQ
Tel: 01526 352231

OP

Willows, The

Willow Drive, Barton-upon-Humber DN18 5HRQ
Tel: 01652 632110

OP D LDA

Horncastle care homes with nursing

Bridgewater Park Care Home

Bridgewater Road, Scunthorpe DN17 1SN
Tel: 01724 847323

OP D PD YA

Phoenix Park Care Village

Phoenix Avenue, Off Phoenix Parkway,
Scunthorpe DN15 8NH
Tel: 01724 289885

OP D PD MH SI YA AD

Randolph House Care Home

Ferry Road West, Scunthorpe DN15 8EA
Tel: 01724 272500

OP D PD MH SI YA AD

South Wold Nursing Home ●

South Road, Tetford, Horncastle LN9 6QB
Tel: 01507 533393

OP D

Sycamore Lodge Care Home

2 Burringham Road, Ashby,
Scunthorpe DN17 2BB
Tel: 01724 856963

OP D YA

Tanglewood Care Home ●

36 Louth Road, Horncastle LN9 5EN
Tel: 01507 527265

OP D PD MH SI YA

Thimbleby Court

Thimbleby Road, Horncastle LN9 5RA
Tel: 01507 304321 **Advert page 56**

OP D PD YA

Woodview Care Centre

127 Lincoln Road, Branston, Lincoln LN4 1NT
Tel: 01522 790604

OP D PD MH YA

Louth care homes

Alderson House

Saltfleet Road, Theddlethorpe,
Mablethorpe LN12 1PH
Tel: 01507 338584

MH YA

Althorpe Residential Home

3 Main Street, Althorpe, Scunthorpe DN17 3HJ
Tel: 01724 783363

OP D PD

Ashtree House ●

Church Lane, Withern, Alford LN13 0NG
Tel: 01507 450373 **Advert below right**

OP D

Beeches, The

28 South Street, Louth LN11 9JT
Tel: 01507 603862

OP D

Beech Lodge – Mablethorpe ●

Stanley Avenue, Mablethorpe LN12 1DP
Tel: 01507 479781

LDA

Bellamy's Cottage

Weelsby Road, Grimsby DN32 9RU
Tel: 01472 241893

LDA

Boulevard House

1 The Boulevard, Mablethorpe LN12 2AD
Tel: 01507 473228

LDA YA

Bradley House Care Home

Bradley Road, Bradley, Grimsby DN37 0AJ
Tel: 01472 878373

OP D PD LDA

Carisbrooke Manor

Carisbrooke Manor Lane, Old Barn,
Scunthorpe DN17 2AA
Tel: 01724 289555

OP

Chestnuts, The

57 Bargate, Grimsby DN34 5AD
Tel: 01472 345513

OP D

Chimneys Care Home ●

1 Station Road, Alford LN13 9HY
Tel: 07542 144246

OP D

Cloverdale Care Home

68 Butt Lane, Laceby, Grimsby DN37 7AH
Tel: 01472 877000

OP D YA

College View

71 Bargate, Grimsby DN34 5BD
Tel: 01472 879337

OP D

Cranwell Court

Cambridge Road, Grimsby DN34 5EP
Tel: 01472 278479

OP D YA

Eastwood House

7 Eastwood Avenue, Grimsby DN34 5BE
Tel: 01472 278073

OP D PD SI YA

Emerald House

Grange Farm House, Waltham Road,
Barnoldby-le-Beck, Grimsby DN37 0AR
Tel: 01472 884579

OP MH YA

Fairways Care Home

Little Coates Road, Grimsby DN34 4NN
Tel: 01472 357911

OP D YA

Ferriby Lane

234 Scartho Road, Grimsby DN33 2EB
Tel: 01472 873177

LDA YA

Fir Close

2 Westgate, Louth LN11 9YH
Tel: 01507 603882

OP D YA

Fotherby House ●

Louth Road, Fotherby, Louth LN11 0UG
Tel: 01507 607237

OP D

Fountains Care Centre, The

Church Lane, Tetney,
Grimsby DN36 5JX
Tel: 01472 210456

Advert inside front cover

OP D PD



Ashtree House

Residential Dementia Care Home



Ashtree House

Church Lane, Withern

Alford, Lincs LN13 0NG

T: 01507 450 373

E: enquiries@ashtree-house.co.uk

Website: www.ashtree-house.co.uk

Service **OP** Older people (65+) **D** Dementia
User Bands **MH** Mental health **SI** Sensory impairment

PD Physical disability **LDA** Learning disability, autism
YA Younger adults **AD** People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

Advertisers are highlighted

Gables, The ●

Willoughby Road, Cumberworth, Alford LN13 9LF
Tel: 01507 490171

OP D LDA SI YA

Grove Care Home, The

Ings Lane, Waltham, Grimsby DN37 0HB
Tel: 01472 821127 **Advert page 60**

OP D

Homefield House

11 Welholme Road, Grimsby DN32 0DT
Tel: 01472 341909

OP D

Humberston

24 Humberston Avenue, Humberston,
Grimsby DN36 4SP
Tel: 01472 812431

OP LDA YA

Humberston House Care Home

Blackthorne Avenue, Humberston, Grimsby DN36 4ZB
Tel: 01472 483216

OP D PD SI YA

Kirklees

31 Kirkgate, Waltham, Grimsby DN37 0LP
Tel: 01472 825296

OP LDA YA

Ladysmith Care Home

Patrick Street, Grimsby DN32 9ND
Tel: 01472 254710

OP D PD MH SI YA

Limes, The

13 Wellholme Road, Grimsby DN32 0DR
Tel: 01472 241072

LDA

Link House

Main Road, Withern LN13 0NB
Tel: 01507 450403

LDA YA

Livingstone Court ●

Stanley Avenue, Mablethorpe LN12 1DP
Tel: 01507 479333

LDA

Louth Manor Care Home

Legbourne Road, Louth LN11 8ER
Tel: 01507 203203

OP D PD SI YA

Madeira House

129-131 High Holme Road, Louth LN11 0HD
Tel: 01507 607452

OP D PD SI

Meadows Care Home, The

88 Louth Road, Scartho, Grimsby DN33 2HY
Tel: 01472 823287

OP D

Meadows Park Care Home ●

Daisy Way, Louth LN11 0FS
Tel: 01507 304344

OP D PD MH SI YA

NE Lincs Crisis (Field View)

7-9 Selge Way, Bradley Park Estate,
Grimsby DN33 1RN
Tel: 01472 750288

MH

Newgrove House Care Home

Station Road, New Waltham,
Grimsby DN36 4RZ
Tel: 01472 822176

OP D YA

Newhaven Residential Home ●

Mumby Road, Huttoft, Alford LN13 9RF
Tel: 01507 490294

OP LDA YA

Oak Lodge ●

Stanley Avenue, Mablethorpe LN12 1DP
Tel: 01507 479782

LDA

Old Norse Lodge Care Home

Matthew Telford Park, Scartho Top,
Grimsby DN33 3EP
Tel: 01472 483202

OP D PD YA

Old Vicarage, The

48 Church Lane, Stallingborough,
Grimsby DN41 8AA
Tel: 01472 882333 **Advert page 30**

LDA

Orchard House Care Home

Grosvenor Road, Mablethorpe LN12 1EL
Tel: 01507 472203

OP D PD YA

Pelham

20 Pelham Road, Grimsby DN34 4SU
Tel: 01472 353762

PD LDA YA

Riverside ●

Ramsgate Road, Louth LN11 0NJ
Tel: 01507 608311

LDA

Rowans, The

266 Eastgate, Louth LN11 8DJ
Tel: 01507 608081

PD LDA YA

Sandhills Court Care Home

Exeter Road,
Scunthorpe DN15 7DE
Tel: 01724 333001

OP D YA

Sandpiper Care Home ●

16 South Street, Alford LN13 9AQ
Tel: 01507 462112

OP D PD MH SI YA

Seaton House ●

153 Eastgate, Louth LN11 9AJ
Tel: 01507 611071

LDA

Sense – 25 Old Mill Park

Louth LN11 0NY
Tel: 01507 608052

OP LDA SI YA

LDA YA

Sense – 54 Monks Dyke Road ●

Louth LN11 9AN
Tel: 01507 609332

PD LDA SI

OP D PD

Sense – 56 Monks Dyke Road

Louth LN11 9AN
Tel: 01507 610877

LDA SI

OP LDA

Skirbeck Lodge

Station Road, Sutton-on-Sea, Mablethorpe LN12 2HR
Tel: 01507 700585

OP LDA MH YA

OP D PD MH SI YA

Summerfield Rest Home

10-12 Park Road East, Sutton-on-Sea,
Mablethorpe LN12 2NL
Tel: 01507 441969

OP D

OP LDA

Swallowdale ●

5 Bilsby Road, Alford LN13 9EW
Tel: 01507 463833

LDA

LDA YA

Swan Care Home

13 Peaks Lane, New Waltham,
Grimsby DN36 4QL
Tel: 01472 905675

OP D MH

OP D PD

Sycamores, The ●

45 South Street, Alford LN13 9AN
Tel: 01507 463225

LDA

OP D PD MH SI YA

Willoughby House

Willoughby Road, Sutton-on-Sea LN12 2NF

Tel: 01507 442555

LDA YA

Wyngate Residential Care Home ●

Alford Road, Mablethorpe LN12 1PX
Tel: 01507 477531

OP D PD

Yarborough House RCH

30-34 Yarborough Road, Grimsby DN34 4DG
Tel: 01472 355791

OP D PD MH SI YA

Louth care homes with nursing

Apex Care Centre ●

Ruskin Road, Mablethorpe LN12 1BP
Tel: 01507 478856

OP D PD

OP D PD MH SI YA

Brooklands Care Home

Springfield Road, Grimsby DN33 3LE
Tel: 01472 753108

OP D PD YA

Fitzwilliam Care Centre

Centenary Close,
Mablethorpe LN12 1FD
Tel: 01507 499997

OP D PD MH SI YA

Clarendon Hall Care Home

19 Church Avenue, Humberston,
Grimsby DN36 4DA
Tel: 01472 210249

OP D PD YA

D LDA MH

Doulton Court Lodge Care Home

Alford Road, Sutton-on-Sea LN12 2HF
Tel: 01507 623800

OP D PD MH YA

OP PD SI

Elms Care Home, The

Elm Drive, Louth LN11 0DE
Tel: 01507 350100

OP D PD SI

OP D PD MH SI YA

Miramar Nursing Home ●

20 Trusthorpe Road, Sutton-on-Sea,
Mablethorpe LN12 2LT
Tel: 01507 442484

D LDA MH

Stewton House ●

28 Stewton Lane,
Louth LN11 8RZ
Tel: 01507 602961

OP PD SI

Wolds Care Centre, The

North Holme Road,
Louth LN11 0JF
Tel: 01507 602360

Skegness care homes

See page 66 for the **Service User Bands** key

Ashby Court

1-6 Ashby Road, Spilsby PE23 5DR
Tel: 01790 753432

LDA YA

Bumblebee Lodge

6 Hundleby Road, Hundleby, Spilsby PE23 5LP
Tel: 01754 811002

LDA YA

Byron House

104 Drummond Road, Seacroft,
Skegness PE25 3EH
Tel: 01754 768909

Dunsford

24a Partney Road, Spilsby PE23 5EH
Tel: 01790 753106

MH YA

Eresby Hall (OSJCT)

Ancaster Avenue, Spilsby PE23 5HT
Tel: 01790 752495

OP D SI YA

Keal View

Toyn ton All Saints, Spilsby PE23 5AE
Tel: 01790 754926

PD LDA YA

Manor Care Centre

Advert inside front cover

Fen Road, East Kirkby, Spilsby PE23 4DB
Tel: 01790 763381

OP D MH

Meadows Court Care Home

West End, Hogsthorpe, Skegness PE24 5PA
Tel: 01754 872302

OP D PD MH YA

Melody Lodge

West Keal Hall, Hall Lane, West Keal, Spilsby PE23 4BJ
Tel: 01790 752700

LDA

Old Hall Residential Care Home, The

Northorpe Road, Halton Holegate, Spilsby PE23 5NZ
Tel: 01790 753503

OP D PD

Palms, The

147 Drummond Road, Skegness PE25 3BT
Tel: 01754 768067

PD LDA MH

Phoenix Care Centre

Ancaster Avenue, Chapel St Leonards,
Skegness PE24 5SN
Tel: 01754 872645

OP D

Skegness care homes with nursing

Aspen Lodge Care Home

Yarborough Road, Skegness PE25 2NX
Tel: 01754 610300

OP D PD MH YA

Rayleigh House

17 Derby Avenue,
Skegness PE25 3DH
Tel: 01754 764382

OP D

Sandbeck House Residential Home

77-81 Sandbeck House,
Skegness PE25 3JX
Tel: 01754 766585

OP D

Scremby Grange

Scremby, Near Spilsby PE23 5RW
Tel: 01754 890521

LDA

Seacroft Court

Seacroft Esplanade, Skegness PE25 3BE
Tel: 01754 610372

OP D YA

Seathorne Court Residential Home

Winthorpe Avenue, Winthorpe,
Skegness PE25 1RW
Tel: 01754 765225

OP YA

Spencers Lodge

Toyn ton All Saints, Spilsby PE23 5AE
Tel: 01790 752499

LDA

St Andrews Drive

87 St Andrews Drive, Skegness PE25 1DL
Tel: 01754 898858

PD LDA SI YA

Syne Hills Care Home Ltd

Syne Avenue, Skegness PE25 3DJ
Tel: 01754 764329

OP D LDA

Vale View

Toyn ton All Saints, Spilsby PE23 5AE
Tel: 01790 755504

LDA YA

Wainfleet Care Home

Rumbold Lane, Wainfleet, Skegness PE24 4DS
Tel: 01754 881155

OP D PD MH YA

West Cotes Residential Care Home

70 South Parade, Skegness PE25 3HP
Tel: 01754 610616

OP D



Support for families of
children with additional needs

www.myfamilyourneeds.co.uk

Lincoln care homes

Ashley Court ●

Boundary Street, Lincoln LN5 8PQ
Tel: 01205 204167

OP PD YA

Bernadette House ●

The Old Vicarage, South Park, Lincoln LN5 8EW
Tel: 01522 521926

OP D PD SI YA

Boultham Park House (OSJCT) ●

Rookery Lane, Lincoln LN6 7PH
Tel: 01522 681500

Brantley Manor Care Home ●

Brant Road, Lincoln LN5 8RX
Tel: 01522 543866

Canwick Court Care Centre ●

78 South Park, Lincoln LN5 8ES
Tel: 01522 544595

Ermine House (OSJCT) ●

Laughton Way, Ermine Estate, Lincoln LN2 2EX
Tel: 01522 529093

OP

Grove Care Centre, The

14 Church Road, Skellingthorpe, Lincoln LN6 5UW
Tel: 01522 500710

OP D PD

Hartsholme House (OSJCT) ●

Ashby Avenue, Lincoln LN6 0ED
Tel: 01522 683583

Laurels, The

Sheridan Close, Lincoln LN2 4JX
Tel: 01522 303015

OP PD MH SI

Lincoln Manor Care Home

Cross Spencer Street, Lincoln LN5 8FG
Tel: 01262 213108

OP D PD YA

Monson Retirement Home ●

9-11 Monson Street, Lincoln LN5 7RZ
Tel: 01522 520643

OP D YA

Oliver House

552a Newark Road, North Hykeham, Lincoln LN6 9NG
Tel: 01790 752499

OP LDA SI YA

Redcote House Residential Care Home

Redcote Drive, Lincoln LN6 7HQ
Tel: 01522 500796

OP D YA

Ridgeway Care Centre ●

2-6 The Avenue, Lincoln LN1 1PB
Tel: 01522 530552

OP D YA

Roman Wharf Nursing Home ●

1 Roman Wharf, Lincoln LN1 1SR
Tel: 01522 524808

OP D PD SI YA

Ruckland Court ●

Ruckland Avenue, Ermine Estate, Lincoln LN1 3TP
Tel: 01522 530217 **Advert page 60**

OP D YA

Scorer Street, 122

Lincoln LN5 7SX
Tel: 01522 804167

LDA

St Clare's Care Home

Birchwood Avenue, Doddington Park, Lincoln LN6 0QT
Tel: 01522 684945

OP D PD YA

St Luke's Nursing Home ●

35 Main Street, Scopham, Lincoln LN2 2UJ
Tel: 01673 862264

OP D PD SI YA

Stones Place

Skellingthorpe Road, Lincoln LN6 0PA
Tel: 01522 684325

OP

Swallow Lodge ●

Fen Lane, North Hykeham, Lincoln LN6 8UZ
Tel: 01522 300430

OP D PD LDA SI YA

Swanholme Court ●

40-64 Ashby Avenue, Lincoln LN6 0ED
Tel: 01522 689400 **Advert page 60**

OP D

Tamar House

5 Riseholme Road, Lincoln LN1 3SN
Tel: 01522 524093

LDA YA

Tigh Allene

2a Church Hill, Washingborough,
Lincoln LN4 1EH
Tel: 01522 797947

LDA

West Dean Care Home ●

77-79 Yarborough Road,
Lincoln LN1 1HS
Tel: 01522 568248

MH YA

Service **OP** Older people (65+) **D** Dementia
User Bands **MH** Mental health **SI** Sensory impairment

PD Physical disability **LDA** Learning disability, autism
YA Younger adults **AD** People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

Advertisers are highlighted

Lincoln care homes with nursing

See page 66 for the **Service User Bands** key

Altham Court Care Home

Altham Terrace, Lincoln LN6 7SP
Tel: 01522 511373

OP PD YA

Amber House

154 Grimsby Road, Humberston DN36 4AQ
Tel: 01472 500448

OP LDA MH YA AD

OP D YA

Bunkers Hill Care Home ●

1 Ross Close, off Carlton Boulevard,
Lincoln LN2 4WQ
Tel: 01522 575139

OP D PD MH YA

Cathedral Care Centre ●

23 Nettleham Road, Lincoln LN2 1RQ
Tel: 01522 526715

OP D YA

Cherry Tree Lodge Nursing Home

133 Macaulay Drive, Lincoln LN2 4ET
Tel: 01522 545580

OP LDA YA

OP D PD MH SI YA

Eastholme Care Home

74-75 South Park, Lincoln LN5 8ES
Tel: 01522 521956

OP D PD

OP D YA

Eccleshare Court ●

1-39 Ashby Avenue, Lincoln LN6 0ED
Tel: 01522 695458 **Advert page 60**

OP D YA

Florence House

65 Nettleham Road, Lincoln LN2 1RT
Tel: 01472 884579

OP MH YA

Grosvenor Hall Care Home ●

Newark Road, Lincoln LN5 8QJ
Tel: 01522 528870

OP D PD

Homer Lodge Care Centre

23-26 Monson Street, Lincoln LN5 7RZ
Tel: 01522 530108 **Advert inside front cover**

OP

Tanglewood Cloverleaf ●

Long Leys Road, Lincoln LN1 1EW
Tel: 01522 440510

OP D PD MH SI YA

White Gables Care Home

Lincoln Road, Skellingthorpe,
Lincoln LN6 5SA
Tel: 01522 693790

OP D YA

North Kesteven

North Hykeham care homes

An Caladh House

4 Church Hill, Washingborough, Lincoln LN4 1EH
Tel: 01522 790110

LDA YA

OP D PD MH YA

An Darach House

22 School Lane, North Scarle LN6 9EY
Tel: 01522 778851

LDA YA

OP D PD

Beckfield House Residential Home ●

Station Road, Heighington, Lincoln LN4 1QJ
Tel: 01522 790314

OP D

OP D

Broughton House and College

12 High Street, Brant Broughton, Lincoln LN5 0SL
Tel: 01400 272929

OP LDA YA

PD LDA MH SI YA

Canwick House Care Home ●

Hall Drive, Canwick, Lincoln LN4 2RG
Tel: 01522 522275

OP D PD MH SI

OP

Cottage Residential Home, The

Nocton Hall, Nocton, Lincoln LN4 2BA
Tel: 01526 320887

OP D PD

OP D

Eagle House Residential Care Home ●

Lincoln Road, Eagle, Lincoln LN6 9DL
Tel: 01522 457999

OP D PD MH YA

Grove Care Centre, The ●

14 Church Road, Skellingthorpe, Lincoln LN6 5UW
Tel: 01522 500710

OP D PD

Haven Care Home, The

19 Lincoln Road, Metheringham, Lincoln LN4 3EF
Tel: 01526 322051

OP D

Heathcotes The Gables

546 Newark Road, North Hykeham, Lincoln LN6 9NG
Tel: 01522 697162

PD LDA MH SI YA

Holmleigh Care Home

Lincoln Road, Navenby, Lincoln LN5 0LA
Tel: 01522 810298

OP

Neale Court ●

Neale Road, North Hykeham, Lincoln LN6 9UA
Tel: 01522 682201 **Advert page 60**

North Hykeham care homes continued

St Michaels

High Street, Waddington, Lincoln LN5 9RF
Tel: 01522 723292

OP D YA

St Paul's Care Home ●

High Street, Waddington, Lincoln LN5 9RF
Tel: 01522 721764

OP D PD MH SI

Tigh Coilean

5 Thorpe Lane, South Hykeham, Lincoln LN6 9NW
Tel: 01522 690525

LDA YA

Welbourn Manor Care Centre ●

High Street, Welbourn, Lincoln LN5 0NH
Tel: 01400 272221

OP D LDA

North Hykeham care homes with nursing

Bassingham Care Centre

2 Lincoln Road, Bassingham, Lincoln LN5 9HE
Tel: 01522 788215

OP D PD MH YA

Beckside (OSJCT) ●

Middle Street, North Hykeham, Lincoln LN6 9QX
Tel: 01522 693461

OP

Chesterfield House

411 Newark Road, North Hykeham, Lincoln LN6 9SP
Tel: 01522 692607

LDA YA

Courtlands Lodge ●

25 Langley Road, North
Hykeham, Lincoln LN6 9RX
Tel: 01522 693800

OP D MH YA

Welbourn Hall Nursing Home ●

Hall Lane, Welbourn,
Lincoln LN5 0NN
Tel: 01400 272771

OP D

Sleaford care homes

Ashdene Care Home ●

89 Eastgate, Sleaford NG34 7EE
Tel: 01529 304872

OP D YA

Barn, The

Heath Farm, Heath Road,
Ashby de la Launde, Lincoln LN4 3JD
Tel: 01526 322444

LDA

Byards Keep

Greylees, Sleaford NG34 8XT
Tel: 01529 488931

LDA YA

Cherry Tree Lodge ●

34 Station Road, Ruskington, Sleaford NG34 9DA
Tel: 01526 830803 **Advert page 30**

LDA

Chestnuts Retirement Home ●

Station Road, Ruskington, Sleaford NG34 9DE
Tel: 01526 832174

OP

Cottage, The

Heath Farm, Heath Road,
Ashby de la Launde, Lincoln LN4 3JD
Tel: 01526 322444

LDA

Croft, The

Heath Farm, Heath Road,
Ashby de la Launde, Lincoln LN4 3JD
Tel: 01526 322444

LDA

Farmhouse, The

Heath Farm, Heath Road,
Ashby de la Launde, Lincoln LN4 3JD
Tel: 01526 322444

LDA

Five Bells Residential Care Home ●

28 Market Place, Folkingham,
Sleaford NG34 0SF
Tel: 01529 497412

OP D PD

Greenacres Care Home

71 Cameron Street, Heckington,
Sleaford NG34 9RP
Tel: 01529 460935

OP D PD MH

Holt, The

Heath Farm, Heath Road, Ashby de la
Launde, Lincoln LN4 3JD
Tel: 01526 322444

OP LDA YA

Service **OP** Older people (65+) **D** Dementia
User Bands **MH** Mental health **SI** Sensory impairment

PD Physical disability **LDA** Learning disability, autism
YA Younger adults **AD** People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

Advertisers are highlighted

Kirk House ●

2 Lincoln Road, Dorrington, Lincoln LN4 3PT
Tel: 01526 833569 **Advert page 30**

LDA

Orchard Lodge ●

Kirk House, 2 Lincoln Road, Dorrington,
Lincoln LN4 3PT
Tel: 01526 830805 **Advert page 30**

LDA YA

Paddocks, The

Heath Farm, Heath Road, Ashby de la Launde,
Lincoln LN4 3JD
Tel: 01526 322444

OP LDA YA

Reeds, The ●

2 Lincoln Road, Dorrington, Lincoln LN4 3PT
Tel: 01526 833612 **Advert page 30**

PD LDA SI YA

Roxholm Hall Care Centre ●

Roxholm, Sleaford NG34 8ND
Tel: 01526 832128

OP D MH

Sleaford Hall Care Home

Ashfield Road, Sleaford NG34 7DZ
Tel: 01529 543160

OP D PD SI YA

Sleaford Manor Care Home

Waddington Road, Sleaford NG34 7WE
Tel: 01529 543111

OP D PD SI YA

Suillean House

77 Sleaford Road, Heckington,
Sleaford NG34 9QP
Tel: 01529 461066

LDA YA

Village Farm

Newark Road, Norton Disney,
Lincoln LN6 9JS
Tel: 01522 789354

LDA YA

York House

15 Waterside, Billinghay, Lincoln LN4 4BU
Tel: 01526 860378

OP D PD SI

Sleaford care homes with nursing

Blair House ●

Skirth Road, Billinghay, Lincoln LN4 4AY
Tel: 01526 860432

OP LDA YA

Oakdene Care Home ●

4 Eastgate, Sleaford NG34 7DJ
Tel: 01529 415253

OP

Glenholme Holdingham Grange ●

Whittle Road, Holdingham, Sleaford NG34 8YU
Tel: 01529 406000 **Advert page 56**

OP D YA

St Andrew's Nursing and Care Home

Main Street, Ewerby,
Sleaford NG34 9PL
Tel: 01529 460286

OP D YA

Martin Hall Nursing Home

High Street, Martin by Timberland,
Lincoln LN4 3QY
Tel: 01526 378251

Advert inside front cover

OP D PD MH YA AD

**Have you considered all housing options? See
the information beginning on page 42.**

South Holland

Spalding care homes

Abbeygate Rest Home

North Street, Crowland PE6 0EG
Tel: 01733 211429

OP

Bank House Care Home ●

Gosberton Bank, Gosberton, Spalding PE11 4PB
Tel: 01775 840297

OP D PD YA

Abbeygate Retirement Home

High Street, Moulton, Spalding PE12 6QB
Tel: 01406 373343

OP

Bay Lodge

36 Fen Road, Holbeach PE12 8QA
Tel: 01406 424197

LDA YA

Bancroft Residential Home Ltd, The ●

50 Market Street, Long Sutton, Spalding PE12 9DF
Tel: 01406 362734

OP D

Brun Lea Care ●

21 Surfleet Road, Pinchbeck, Spalding PE11 3XY
Tel: 01775 680576

OP D PD YA

Spalding care homes continued

Bungalow Care Home, The ●

156 Park Road, Spalding PE11 1QZ
Tel: 01775 724995

OP D PD YA

Capricorn Cottage ●

88 Eastgate, Fleet, Holbeach, Spalding PE12 8ND
Tel: 01406 425067

OP D LDA MH YA

Cedar House

Off Pinchbeck Road, Spalding PE11 1QF
Tel: 01775 761949

OP PD LDA SI YA

Fenchurch House ●

Spalding Common, Spalding PE11 3AS
Tel: 01775 711959

OP D

Field House Residential Care Home

Fleet Hargate, near Holbeach, Spalding PE12 8LL
Tel: 01406 423257

OP D YA

Genesis Residential Home ●

2 Station Street, Donington, Spalding PE11 4UQ
Tel: 01775 820431

OP D PD MH SI YA

Halmer Court

108 Halmer Gate, Spalding PE11 2EL
Tel: 01775 662222 **Advert page 56**

OP D PD YA

Holbeach Meadows Care Home

12 Daisy Road, Holbeach, Spalding PE12 7NJ
Tel: 01406 431222

OP D PD MH SI YA

Kimberley Care Village ●

23 London Road, Long Sutton, Spalding PE12 9EA
Tel: 01406 364309

OP D

Mayfield Residential Home ●

Fleet Street, Holbeach, Spalding PE12 7AG
Tel: 01406 423645 **Advert above**

OP D

Nene Lodge Retirement Home ●

224 Bridge Road, Sutton Bridge, Spalding PE12 9SG
Tel: 01406 351000

OP D YA

Nutten Stoven Residential Home

81 Boston Road, Holbeach PE12 8AA
Tel: 01406 424941

OP D

Patchett Lodge (OSJCT) ●

Stukeley Road, Holbeach PE12 7LJ
Tel: 01406 422012

OP



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Sense – 18 Water Gate

Quadring, Spalding PE11 4PY
Tel: 01775 821957

PD LDA SI

Sense – 21a & 21b Johnson Avenue

Spalding PE11 2QE
Tel: 01775 767472

LDA SI

Southernwood House

20 Matmore Gate, Spalding PE11 2PN
Tel: 01775 760563

OP D PD YA

Southfield House (OSJCT) ●

Woolram Wygate, Spalding PE11 1PS
Tel: 01775 724612

OP D

St John's Care Home ●

66 Hawthorn Bank,
Spalding PE11 1JQ
Tel: 01775 710567

OP D

Stonehaven ●

117 Main Road, Quadring,
Spalding PE11 4PJ
Tel: 01775 820885

OP D



Service **OP** Older people (65+) **D** Dementia
User Bands **MH** Mental health **SI** Sensory impairment

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YA Younger adults **AD** People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

Advertisers are highlighted

Ashwood Nursing Home – Spalding ●

43 Spalding Common, Spalding PE11 3AU
Tel: 01775 723223

OP PD YA

Beech Lodge Nursing Home ●

Frogs Abbey Gate, Holbeach, Spalding PE12 8QJ
Tel: 01406 423396

OP D

Cedar Falls Care Home with Nursing ●

Little London, Spalding PE11 2UA
Tel: 01775 713233

OP D PD MH SI YA

Gosberton House Care Home ●

11 Westhorpe Road, Gosberton, Spalding PE11 4EW
Tel: 01775 840581

OP D PD YA

Holbeach and East Elloe Hospital Trust ●

Boston Road North, Holbeach, Spalding PE12 8AQ
Tel: 01406 422283

OP PD YA

Have you considered all housing options? See the information beginning on page 42.

South Kesteven

Grantham care homes

Apple Trees Care & Reablement Centre (OSJCT) ●

Arlington Gardens, Grantham NG31 7GQ
Tel: 01476 542700

OP D PD SI YA

Ayrshire House ●

24-26 Main Road, Long Bennington, Newark NG23 5EH
Tel: 01400 281971

OP LDA YA

Belvoir House Care Home ●

Brownlow Street, Grantham NG31 8BE
Tel: 01476 572410

OP D YA

Birchwood Retirement Home

6-8 Dudley Road, Grantham NG31 9AA
Tel: 01476 562042

OP D PD

Braceborough Hall Retirement Home ●

Church Lane, Braceborough, Stamford PE9 4NT
Tel: 01778 560649

OP

Caythorpe Residential Home

77 High Street, Caythorpe, Grantham NG32 3DP
Tel: 01400 272552

OP D

Digby Court (OSJCT) ●

Christopher's Lane, Bourne PE10 9AZ
Tel: 01778 422035

OP PD

Fairview Farm ●

Gloucester Road, Grantham NG31 8RJ
Tel: 01476 567600

LDA

Gregory House (OSJCT) ●

Welby Gardens, Grantham NG31 8BN
Tel: 01476 562192

OP

Harrington House

Harrington Street, Bourne PE10 9HA
Tel: 01778 421821

OP D PD MH SI YA

Hazel House ●

165 Manthorpe Road, Grantham NG31 8DH
Tel: 01789 767800

LDA YA

Kings Court Nursing Home ●

Church Street, Grantham NG31 6RR
Tel: 01476 576928

OP D PD SI YA

Laurels, The ●

45 High Street, Market Deeping,
Peterborough PE6 8ED
Tel: 01778 344414

OP D

Maple Leaf Lodge Care Home ●

37 Beacon Lane, Grantham NG31 9DN
Tel: 01476 590674

OP D PD

Millfield House ●

13 Back Lane, Colsterworth, Grantham NG33 5NJ
Tel: 01476 860270

LDA YA

Old Hall, The ●

1 High Street, Billingborough, Sleaford NG34 0QA
Tel: 01529 240335

OP

Phoenix, The ●

St. Helens Avenue, Lincoln LN6 7RA
Tel: 01522 529258

PD LDA MH SI YA

Rose Lodge & Holland House Care Home ●

35a Church Street, Market Deeping,
Peterborough PE6 8AN
Tel: 01778 344454

OP D PD YA

Sense – 25 Horsegate

Deeping St James, Peterborough PE6 8EW
Tel: 01778 347037

LDA SI

Sense – 32a Broadgate Lane

Deeping St James, Peterborough PE6 8NW

Tel: 01778 380522

OP LDA SI YA

Tallington Lodge Care Home ●

Main Road, Tallington, Stamford PE9 4RP

Tel: 01780 740314

OP D PD SI YA

Towngate East, 20

Market Deeping, Peterborough PE6 8DR

Tel: 01778 342091

OP PD LDA MH SI YA

Whitefriars (OSJCT) ●

St Georges Avenue, Stamford PE9 1UN

Tel: 01780 765434

OP D

Willows, The

74 Station Street, Rippingale, Bourne PE10 0SX

Tel: 01778 440773

OP D

Have you considered all housing options? See the information beginning on page 42.

Grantham care homes with nursing

Harrowby Lodge Nursing Home ●

4 Harrowby Lane, Grantham NG31 9HX

Tel: 01476 568505

OP D PD YA

Newton House

148 Barrowby Road, Grantham NG31 8AF

Tel: 01476 452 380 **Advert page 45** **OP D PD MH YA**

Red Court Care Community ●

12 St Edmunds Court, Grantham NG31 8SA

Tel: 01476 576811

OP D PD YA

Richard House Care Home ●

Gorse Road, Grantham NG31 9LH

Tel: 01205 358888

OP D PD MH SI YA

Royal Windsor

Harlaxton Road, Grantham NG31 7SB

Tel: 01476 855799

OP D PD MH SI YA

Woodgrange

Westminster Lane, West Road, Bourne PE10 9TU

Tel: 01778 752570 **Advert page 46** **OP D PD MH YA**

Stamford care homes with nursing

Abbey Court Care Home

Falcon Way, Bourne, Peterborough PE10 0GT

Tel: 01778 391390

OP D YA

Grand View Care Home ●

Uffington Road, Stamford PE9 2EX

Tel: 01780 668118

OP D PD SI YA

Braeburn Lodge

Braeburn Road, Deeping St James,

Peterborough PE6 8GP

Tel: 01778 752 527

Advert page 74

OP D PD SI YA

Priory Court

Priory Road, Stamford PE9 2EU

Tel: 01780 650750 **Advert adjacent** **OP D PD SI YA**



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West Lindsey

Gainsborough care homes

Abbey Village

34 Wrawby Street, Brigg DN20 8BP
Tel: 01652 225548

OP D YA

Amber House

62 High Street, Marton DN21 5AW
Tel: 01724 897470

LDA

Beechcroft House

1 Collywood Close, Westwoodside,
Doncaster DN9 2RD
Tel: 01427 753393

OP PD LDA MH SI YA

Birches, The

Grammar School Road, Brigg DN20 8BB
Tel: 01652 652348

LDA

Carseld Residential Home

Brickhills, Broughton, Brigg DN20 0BZ
Tel: 01652 650613

OP D PD SI YA

Chestnut House

62 High Street, Marton DN21 5AW
Tel: 01427 718272

MH YA

Clarence House Care Home

Albert Street,
Brigg DN20 8HS
Tel: 01652 650950

Advert inside front cover

OP D PD MH YA

Crosshill House Residential Care Home

Market Place, Barrow-upon-Humber DN19 7BW
Tel: 01469 531767

OP D

Cumberworth Lodge Care Home

Main Street, Graizelound, Haxey DN9 2NB
Tel: 01427 752309

OP D YA

Foxby Court (OSJCT) ●

Middlefield Lane, Gainsborough DN21 1QR
Tel: 01427 613376

OP D

Foxby Hill Care Home ●

Foxby Hill, Gainsborough DN21 1PN
Tel: 01427 611231

OP D PD MH SI YA

Glyn Thomas House

350 Pelham Road, Immingham DN40 1PU
Tel: 01469 650991

OP D PD SI YA



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Tel: 01652 688755

Kensington Residential Care

340 Pelham Road, Immingham DN40 1PU
Tel: 01469 310080

Kingsway Clayton House Residential Care Home ●

9-11 Lea Road, Gainsborough DN21 1LW
Tel: 01427 613730

Laughton Croft Care Home

Gainsborough Road, Scotter Common,
Gainsborough DN21 3JF
Tel: 01636 700077

OP PD MH YA

Lindum Court

99-101 High Street, Owston Ferry,
Doncaster DN9 1RL
Tel: 01427 728507

OP D YA

Manor, The ●

The Green, Scotter, Gainsborough DN21 3UD
Tel: 01724 764884

OP D MH YA

Mount, The

Palmer Lane, Barrow-upon-Humber DN19 7BS
Tel: 01469 532897

OP LDA YA

Nicholas House Care Home

11 Church Street, Haxey DN9 2HY
Tel: 01427 752862

OP D

Options Watermill House

Common Road, Wressle, Brigg DN20 0DA
Tel: 01652 652147

LDA YA

Options Watermill Lodge

Common Road, Wressle, Brigg DN20 0DA
Tel: 01204 52266

OP D

LDA YA

Orchard Court Residential Home Ltd

7 Wrawby Road, Brigg DN20 8DL
Tel: 01652 653845

OP D PD SI

OP D PD YA

Rathside Rest Home

41 Gainsborough Lane, Scawby, Brigg DN20 9BY
Tel: 01652 652139

OP LDA

OP D

Redcote Residential Home ●

23 Gainsborough Road, Lea,
Gainsborough DN21 5HR
Tel: 01427 615700

Southfield House

Albert Street, Brigg DN20 8HU
Tel: 01652 653708

OP MH YA

St Oggs

14 Front Street, Morton,
Gainsborough DN21 3AA
Tel: 01427 617173

Tigh Brudadair

Summer Hill, Gainsborough DN21 1HQ
Tel: 01427 611541

LDA YA

Wispington House Ltd ●

41 Mill Lane, Saxilby, Lincoln LN1 2QD
Tel: 01522 703012

OP D PD

Wrawby Hall Care Home

Vicarage Road, Wrawby, Brigg DN20 8RP
Tel: 01652 655311

OP D



Braeburn Road,
Deeping St James, PE6 8GP

[barchester.com/
Lincolnshire](http://barchester.com/Lincolnshire)

Care that's shaped around your loved one.

We'll spend time getting to know your loved one, and the people and things that are most important to them, so that we can put the right care and support in place.

Call 01778 752 527 to find out how we can help.

Residential, Nursing, Dementia and Respite Care



Service

OP Older people (65+)

D Dementia

User Bands

MH Mental health

SI Sensory impairment

PD Physical disability

LDA Learning disability, autism

YA Younger adults

AD People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

Advertisers are highlighted

Gainsborough care homes with nursing

See page 74 for the **Service User Bands** key

Barrow Hall Care Centre

Wold Road, Barrow Upon Humber DN19 7DQ

Tel: 01469 531281

OP D MH YA AD

Blyton Court ●

3 Laughton Road, Blyton, Gainsborough DN21 3LG

Tel: 01427 628791

OP PD LDA MH YA

Castlethorpe Nursing Home

Castlethorpe, Brigg DN20 9LG

Tel: 01652 654551

OP D PD MH YA

Drovers Call ●

186 Lea Road, Gainsborough DN21 1AN

Tel: 01427 678300

OP D PD MH SI YA AD

Eliot House ●

Crooked Billet Street, Morton,

Gainsborough DN21 3AH

Tel: 01427 617545

OP D PD MH

Ferndene Care Home

Parksprings Road, Gainsborough DN21 1NY

Tel: 01427 810700

OP D YA

Gables Manor ●

Ingleby, Saxilby, Lincoln LN1 2PQ

Tel: 01522 704250

OP D PD LDA MH SI YA

Gilby House Nursing Home

9 High Street, Winterton DN15 9PU

Tel: 01724 734824

OP MH YA

Market Rasen care homes

Abbey Drive (West), 22

22 Abbey Drive, Grimsby DN32 0HH

Tel: 01472 507311

LDA

Abbey House

103-105 Abbey Road, Grimsby DN32 0HN

Tel: 01472 372415

PD LDA YA

Alderlea Care Home

St Thomas Close, Humberston, Grimsby DN36 4HS

Tel: 01472 812588

OP D MH YA

Anchorage, The

Rutland Street, Grimsby DN32 7RS

Tel: 01472 250817

OP D PD

Ashgrove Care Home – Humberstone

Whitehall Farm, North Sea Lane,

Cleethorpes DN35 0PS

Tel: 01472 210770

OP D YA

Blythe House

Lincoln Road, Faldingworth LN8 3SF

Tel: 01673 885911

LDA YA

Grosvenor House Care Home ●

19 Back Street, East Stockwith, Gainsborough DN21 3DL

Tel: 01427 616950

OP D PD SI YA

Havenmere Health Care Ltd

191 Pelham Road, Immingham DN40 1JP

Tel: 01469 557340

OP D PD MH YA

Holly Tree Lodge Care Home ●

3 Eastgate, Scotton, Gainsborough DN21 3QR

Tel: 01724 762537

OP D PD LDA

Howson Care Centre ●

Marton Road, Willingham-by-Stow,

Gainsborough DN21 5JU

Tel: 01427 788283

OP D LDA MH YA

Lowfield House Nursing Home

39 Cornwall Street, Kirton in Lindsey DN21 4EH

Tel: 01652 648835

OP PD LDA YA

Middlefield House Nursing Home

Middlefield Lane, Gainsborough DN21 1TY

Tel: 01427 615577

LDA YA

Morton Manor

Dog & Duck Lane, Morton, Gainsborough DN21 3BB

Tel: 01427 612796

OP D PD MH SI YA

Redbourne

High Street, Redbourne, Gainsborough DN21 4QU

Tel: 01652 648581

LDA MH YA

Brambles ●

53 Station Road, Bardney, Lincoln LN3 5UD

Tel: 01526 398010 **Advert page 30**

LDA YA

Cottage Specialist Residential Service, The

31 Norbeck Lane, Welton, Lincoln LN2 3JP

Tel: 01673 862000

LDA YA

Glebe House

7 South Dale, Caistor, Market Rasen LN7 6LS

Tel: 01472 852282

OP MH YA

Glengarriff House

8 King Street, Market Rasen LN8 3BB

Tel: 01673 844091

OP LDA YA

Greenacres Care Home ●

17-19 Grimsby Road, Caistor, Market Rasen LN7 6QY

Tel: 01472 851989

OP D PD

Hawthorns, The ●

53 Station Road, Bardney, Lincoln LN3 5UD

Tel: 01526 399868 **Advert page 30**

LDA

Market Rasen care homes continued

Hollies, The ●

The Hawthorns, 53 Station Road, Bardney,
Lincoln LN3 5UD

Tel: 01526 398633 **Advert page 30**

LDA YA

OP D

Lindsey Hall Care Home

Clee Road, Cleethorpes DN35 8AF
Tel: 01472 806333

OP D PD MH YA

OP MH YA

Little Brocklesby House

51 High Street, Great Limber, Grimsby DN37 8JL
Tel: 01469 561353

OP D PD LDA MH YA

OP D

Oaks, The ●

51 Station Road, Bardney,
Lincoln LN3 5UD

Tel: 01526 399683 **Advert page 30**

PD LDA SI YA

OP D

Old Hall, The ●

Chapel Road, Fiskerton LN3 4HD
Tel: 01522 595395 **Advert page 30**

LDA

OP D PD YA

Poplars, The (OSJCT) ●

Chapman Street, Market Rasen LN8 3DS
Tel: 01673 843319

OP D

OP D MH YA

Ravendale Hall

East Ravendale, Grimsby DN37 0RX
Tel: 01472 823291

OP D PD YA

OP D

Rivelin Care Home

15-21 Albert Road, Cleethorpes DN35 8LX
Tel: 01472 692132

OP D

Sussex House Care Home

36 Princes Road, Cleethorpes
DN35 8AW
Tel: 01472 694574

OP MH YA

Tees House

Second Avenue, Grimsby DN33 1NU
Tel: 01472 583000

OP D PD MH SI YA

Temple Croft Care Home

42 Scartho Road, Grimsby DN33 2AD
Tel: 01472 752820

OP D

Tennyson Wharf

Park Lane, Burton Waters, Lincoln LN1 2ZD
Tel: 01522 844 151 **Advert below**

OP D PD YA

Waterloo House ●

Walesby Road, Market Rasen LN8 3EX
Tel: 01673 842343

OP D MH YA

Willan House ●

Stainfield, Wragby,
Market Rasen LN8 5JL
Tel: 01526 398785

OP D

Market Rasen care homes with nursing

Ashlea Court Care Home

Church Lane, Waltham, Grimsby DN37 0ES
Tel: 01472 825225

OP D

Bradley Apartments

Bradley Road, Bradley, Grimsby DN37 0AA
Tel: 01472 875807

LDA MH YA


**TENNYSON
WHARF**
BARCHESTER HEALTHCARE

Park Lane, Burton Waters,
Lincoln, LN1 2ZD

[barchester.com/
Lincolnshire](http://barchester.com/Lincolnshire)

Care that's shaped around your loved one.

We'll spend time getting to know your loved one, and the people and things that are most important to them, so that we can put the right care and support in place.

Call 01522 844 151 to find out how we can help.

Residential, Dementia and Respite Care



Service

OP Older people (65+)

D Dementia

User Bands

MH Mental health

SI Sensory impairment

● Lincolnshire Care Association member - see page 5

PD Physical disability

LDA Learning disability, autism

YA Younger adults

AD People who misuse alcohol or drugs

Advertisers are highlighted

Market Rasen care homes with nursing continued

Cambridge Park – Community Inpatient Unit (CIU)

Peterhouse Road, Grimsby DN34 5UX
Tel: 01472 256767

OP D PD SI YA

Eaton Court

Grimsby DN34 4UD
Tel: 01472 341846

OP D YA

Healthlinc Apartments ●

Cliff Road, Welton, Lincoln LN2 3JN
Tel: 01673 861775

OP PD LDA MH SI YA

Nettleton Manor Nursing Home ●

Moortown Road, Nettleton, Market Rasen LN7 6HX
Tel: 01472 851230 **Advert below**

OP D PD SI YA

Opal House

22 Humberston Avenue, Humberston,
Grimsby DN36 4SP
Tel: 01472 905993

OP PD MH YA

Ruby House

99 Humberston Avenue, Humberston,
Grimsby DN36 4SP
Tel: 01472 884579

OP MH YA

St Margarets

Littlecoates Road, Grimsby DN34 4NQ
Tel: 01472 241780

OP D PD

Stallingborough Lodge Care Home

Station Road, Stallingborough,
Grimsby DN41 8AF
Tel: 01472 280210

OP PD SI YA

Topaz House

226 Grimsby Road, Cleethorpes DN35 7EY
Tel: 01472 237476

OP PD LDA MH YA

Willow Court

Croft Lane, Cherry Willingham, Lincoln LN3 4JW
Tel: 01522 595391

OP D YA



Nettleton Manor Nursing Home is renowned for delivering exceptional care to both residential and nursing clients, catering to individuals aged 18 and above. Our specialised services are designed to support those living with dementia and Huntington's disease.

Our comprehensive 24-hour nursing and residential care is overseen by a team of exceptionally skilled Nurses, Care Assistants, and dedicated support staff. We take pride in our expertise in providing **specialised dementia and Huntington's disease care**, offering holistic services and ensuring easy access to comprehensive healthcare resources. Our primary goal is to empower our residents to lead a fulfilling and enriching life. With a dedicated team of activities professionals, we ensure an engaging and vibrant environment, fostering a sense of vitality and well-being among our residents.

Nettleton Manor Nursing Home: Moortown Road, Nettleton, Market Rasen LN7 6HX
Telephone: 01472 851 230 • **Mobile:** 07780 685075 • **Email:** nettletonmanor@gmail.com

Tell us what you think

 CareChoices

○ What have you found useful?

○ What could we do better?

Share your feedback – take our five minute survey

www.carechoices.co.uk/reader-survey

Service **OP** Older people (65+) **D** Dementia
User Bands **MH** Mental health **SI** Sensory impairment

PD Physical disability **LDA** Learning disability, autism
YA Younger adults **AD** People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

Advertisers are highlighted

Useful local contacts

Adult Social Care – Lincolnshire County Council

For all enquiries and referrals relating to adult social care, contact the Customer Service Centre.

Tel: **01522 782155** (Monday to Friday, 8.00am to 6.00pm).

Email: csc_socialcare@lincolnshire.gov.uk

Web: www.lincolnshire.gov.uk/adultcare

Emergency out of hours

Tel: **01522 782333**

Adults Supporting Adults (ASA)

Charitable organisation offering a range of community-based services, including daytime provision, respite and extended-stay visits to learn new skills.

Office 2, Kesteven Business Centre, Kesteven Street, Sleaford NG34 7DT

Tel: **01529 416270** • Web: <https://asaorg.co.uk>

Age Care Advice

An independent social worker-led company specialising in the care and support of individuals and families living with dementia.

Tel: **01778 219639** or **07930 125081**

Email: agecareadvice.team@nhs.net

Web: <https://agecareadvice.co.uk>

Age UK

The country's largest charity dedicated to helping everyone make the most of later life.

Boston office

Chantry House, 3 Lincoln Lane PE21 8RU

Tel: **0345 556 4144**

Lincoln and South Lincolnshire

36 Park Street LN1 1UQ

Tel: **0345 556 4144**

Web: www.ageuk.org.uk/lincolnsouthlincolnshire

Alzheimer's Society – Dementia Support

Lincolnshire

Dementia Support Lincolnshire holds various support groups and services across the county.

Tel: **01522 692681**

Email: lincoln.enquiries@alzheimers.org.uk

Web: www.alzheimers.org.uk

Butterfly Hospice Trust, The

Provides palliative care to anyone over the age of 18 in the Boston area with a progressive life-limiting illness. The Hospice provides palliative care and holistic support to patients and their families.

Rowan Way, Boston PE21 9DH

Tel: **01205 311222**

Email: enquiries@butterflyhospice.org.uk

Web: www.butterflyhospice.org.uk

Connect to Support

Lincolnshire

An online, telephone, email and live chat information and signposting service.

Tel: **0300 303 8789**

Email: CTSL@ageuklsl.org.uk

Web: <https://lincolnshire.connecttosupport.org>

District, borough and city councils

Boston Borough Council

Tel: **01205 314200** • Web: www.boston.gov.uk

City of Lincoln Council

Tel: **01522 881188** • Web: www.lincoln.gov.uk

East Lindsey District Council

Tel: **01507 601111** • Web: www.e-lindsey.gov.uk

North Kesteven District Council

Tel: **01529 414155** • Web: www.n-kesteven.gov.uk

South Holland District Council

Tel: **01775 761161** • Web: www.sholland.gov.uk

South Kesteven District Council

Tel: **01476 406080**

Web: www.southkesteven.gov.uk

West Lindsey District Council

Tel: **01427 676676** • Web: www.west-lindsey.gov.uk

H.A.Y Lincolnshire

Provides free and confidential services for Lincolnshire residents around drug and alcohol use. The service is delivered in partnership with Turning Point, Double Impact and Framework.

Boston Hub

70-74 Wide Bargate PE21 6RY

Tel: **01205 319920**

Gainsborough Hub

26 North Street, West Lindsey DN21 2HU

Tel: **01427 800595**

Grantham Hub

71 High Street, South Kesteven NG13 6NR

Tel: **01476 512950**

Lincoln Hub

26-30 Newland LN1 1XG

Tel: **01522 305518**

Skegness Hub

30 Roman Bank, East Lindsey PE25 2SG

Tel: **01754 809823**

Spalding Hub

Unit 5 Broadgate House, Westlode Street,
South Holland PE11 2AD

Tel: **01775 666638**

Headway Lincolnshire

The UK's leading brain injury charity.

The Len Medlock Centre, St George's Road, Boston
PE21 8YB

Tel: **07546 592526**

Email: info@headway-lincolnshire.org.uk

Web: www.headway.org.uk (search 'Lincolnshire').

Healthwatch

Lincolnshire

Rooms 33-35, The Len Medlock Centre, St George's Road, Boston PE21 8YB

Tel: **01205 820892**

Email: info@healthwatchlincolnshire.co.uk

Web: www.healthwatchlincolnshire.co.uk

Lincoln and Lindsey

Blind Society

Enhances the quality of life of blind, partially sighted and visually impaired people whatever their age or circumstances in life.

Bradbury House, Ramsgate, Louth LN11 0NB

Tel: **01507 605604**

Email: info@llbs.co.uk

Web: www.llbs.co.uk

Lincolnshire Autistic Society

A hub for anyone looking for information and support about Autism.

Lincolnshire Chamber of Commerce, Commerce House, Carlton Boulevard, Lincoln LN2 4WJ

Web: <https://lincolnshireautisticsociety.org.uk>

Lincolnshire Care Association (LinCA)

Representing the interests of providers of care and support within the independent and voluntary sector.

Greetwell Place, 2 Lime Kiln Way, Greetwell, Lincoln LN2 4US

Tel: **01522 581073** • Email: helpdesk@linca.org.uk

Web: www.linca.org.uk

Lincolnshire Carers Service

For all referrals and general enquiries regarding support for carers, contact Lincolnshire County Council Carers Support Service Monday to Friday, 8.00am to 6.00pm (except on public holidays).

Tel: **01522 782224**

Web: www.lincolnshire.gov.uk/support-carers/information-advice-support-carers

Emergency out of hours

Tel: **01522 782333**

Lincolnshire Independent Living Partnership

A consortium of four local charitable organisations working at the heart of the local community to promote independent living.

Web: www.ageuk.org.uk/lincolnsouthlincolnshire/about-us/lilp

Lincolnshire Integrated Community Equipment Service (ICES)

Providing equipment to use in the home, to help you remain as independent as possible.

Tel: **01522 782155**

Web: www.lincolnshire.gov.uk/help-live-home/home-equipment

Lincolnshire Sensory Services

Wellingore Hall, Hall Street, Wellingore, Lincoln LN5 0HX

Tel: **0333 320 2667**

Text: **07710 155104**

Email: contact@lincolnshiresensoryservices.org.uk

Web: www.lincolnshiresensoryservices.org.uk ➔

→ Macmillan

Improves the lives of people affected by cancer.
Provides practical, medical, emotional and financial support and pushes for better cancer care.
Email:
ulth.macmillan.informationsupportservice@nhs.net
Web: **www.ulh.nhs.uk/services/macmillan**

Boston

Pilgrim Hospital, Sibsey Road PE21 9QS
Tel: **01205 446392**

Grantham

Outpatients Department, Grantham and District Hospital, 101 Manthorpe Road NG31 8DG
Tel: **01476 464978**

Lincoln

Lincoln County Hospital, Greetwell Road LN2 5QY
Tel: **01522 573799**

Mencap

A national charity dedicated to supporting people with a learning disability, and their families and carers.
Web: **www.mencap.org.uk**

Grantham and District

Cree Centre, Aire Road NG31 7QP
Tel: **01476 570507**
Email: **karena.brooks@granthammencap.co.uk**

Horncastle, Spilsby and Louth

Getaway Club

Horncastle Community Centre, Manor House Street, Lincoln LN9 5HF
Email: **peteval252@gmail.com**

Multiple Sclerosis Society

The UK's leading MS charity provides information and support, funds research and fights for change.
Web: **www.mssociety.org.uk**

Skegness and District

Tel: **07791 279815**

Patient and Advice Liaison Service (PALS)

Email: **ulth.pals@nhs.net**
Web: **www.ulh.nhs.uk/patients/pals**

Lincoln County Hospital

Located near Main Reception.
Tel: **01522 707071**

Pilgrim Hospital

Located in Main Reception.
Tel: **01205 446243**

Penderels Trust Lincolnshire

Aims to assist people with all aspects of independent living.
Haverholme Priory Offices, Haverholme Park, Haverholme, Ewerby, Sleaford NG34 9PF
Tel: **01526 833803**
Email: **lincolnshire@pendereltrust.org.uk**
Web: **www.pendereltrust.org.uk/lincolnshire.php**

Shine Lincolnshire

Award-winning network of people and organisations involved in mental health.
Room 25, Commerce House, Carlton Boulevard, Lincoln LN2 4WJ
Tel: **01507 304548**
Email: **info@shinelincolnshire.com**
Web: **https://shinelincolnshire.com**

South Lincolnshire Blind Society (SLBS)

A major provider of services for blind and partially sighted people and their carers, who live in the districts of North Kesteven, South Kesteven, Boston Borough and South Holland.
11a Finkin Street, Grantham NG31 6QZ
Tel: **01476 592775** • Email: **slbs@blind-society.org.uk**
Web: **www.blind-society.org.uk**

St Barnabas Hospices

Provides specialist palliative and end of life care so that everyone can access and receive the support they need to live well and ease the process of dying.
Inpatient Unit, 36 Nettleham Road, Lincoln LN2 1RE
Tel: **0300 020 0694**
Email: **enquiries@stbarnabashospice.co.uk**
Web: **https://stbarnabashospice.co.uk**

Total Voice Lincolnshire

Tel: **0300 303 1660**
Email: **helpline@voiceability.org**
Web: **www.voiceability.org/support-and-help/services-by-location/lincolnshire**

Wellbeing Service, The

Designed to promote confidence in living independently.
Tel: **01522 782140**
Web: **www.lincolnshire.gov.uk/wellbeingservice**

Useful national contacts

Age UK

Tel: **0800 678 1602** • Web: www.ageuk.org.uk

Al-Anon Family Groups

Worried about someone's drinking? Help and hope for families and friends of alcoholics.
Helpline: **0800 008 6811** (10.00am to 10.00pm).
Email: helpline@al-anonuk.org.uk
Web: <https://al-anonuk.org.uk>

Alzheimer's Society

Dementia support line: **0333 150 3456** (Monday to Wednesday, 9.00am to 8.00pm; Thursday and Friday, 9.00am to 5.00pm; and Saturday and Sunday, 10.00am to 4.00pm).
Web: www.alzheimers.org.uk

Association of Charitable Organisations (ACO)

A national umbrella body for charities providing financial and wellbeing support.
Tel: **0207 255 4480**
Email: info@aco.uk.net
Web: www.aco.uk.net

British Institute of Learning Disabilities (BILD)

Committed to improving the quality of life for people with a learning disability.
Tel: **0121 415 6960**
Email: enquiries@bild.org.uk
Web: www.bild.org.uk

British Red Cross

The British Red Cross provides a wide range of services including first aid, emergency response, mobility aids, finding missing family, preparing for disasters, refugee support and support at home.
Tel: **0344 871 1111** • Web: www.redcross.org.uk

Care Choices

Free, independent assistance with finding care providers. Searchable website.
Web: www.carechoices.co.uk

Care Quality Commission

Independent regulator of care services in England.
Tel: **0300 061 6161**
Email: enquiries@cqc.org.uk
Web: www.cqc.org.uk

Care Rights UK

Exists for older people needing, or living in, residential care and the families and friends left behind.
Tel: **0207 359 8136**
Email: helpline@carerightsuk.org
Web: www.carerightsuk.org

Carers Trust

Works to improve support, services and recognition for anyone who is caring, unpaid, for a family member or friend.
Tel: **0300 772 9600** • Email: info@carers.org
Web: <https://carers.org>

Carers UK

The voice of carers.
Tel: **0808 808 7777** • Email: advice@carersuk.org
Web: www.carersuk.org

Citizens Advice

Practical, reliable, up-to-date information on a wide range of topics. • Tel: **0800 144 8848**
Web: www.citizensadvice.org.uk

Dementia Adventure

Thinking differently about dementia, the charity believes that with the right support, people with dementia can get outdoors, enjoy the wellbeing benefits of nature and live more active lives. Dementia Adventure offers supported holidays and training for families, friends, professionals and organisations.

Tel: **01245 237548**
Email: info@dementiaadventure.co.uk
Web: <https://dementiaadventure.org>

Dementia UK

A national charity committed to improving quality of life for all people affected by dementia. Provides mental health nurses specialising in dementia care, called Admiral Nurses.
Tel: **0800 888 6678**
Email: helpline@dementiauk.org
Web: www.dementiauk.org

Elderly Accommodation Counsel

Help older people make informed choices about meeting their housing and care needs.
Web: <https://housingcare.org>

→ Friends of the Elderly

A charity that supports older people who have a range of practical needs.

Tel: **0207 730 8263** • Email: enquiries@fote.org.uk

Web: www.fote.org.uk

Homecare Association

Professional association of home care providers from the independent, voluntary, not-for-profit and statutory sectors.

Tel: **0845 646 1775** (direct) or **020 8661 8188** (option four).

Email: helpline@homecareassociation.org.uk

Web: www.homecareassociation.org.uk

Hourglass

Works to protect, and prevent the abuse of, vulnerable older adults.

Helpline: **0808 808 8141** • Text: **07860 052906**

Web: www.wearehourglass.org

Independent Age

Produces a wide range of guides and factsheets for older people, their families and carers.

Tel: **0800 319 6789**

Email: helpline@independente.org

Web: www.independente.org

My Family Our Needs

The lifestyle site for families, carers and practitioners supporting children and young adults with additional needs. • Web: www.myfamilyourneeds.co.uk

National Association for Providers of Activities for Older People (NAPA)

Promotes the importance of activities for older persons.

Tel: **07977 196934**

Email: info@napa-activities.co.uk

Web: <https://napa-activities.co.uk>

National Association of Funeral Directors

Tel: **0121 711 1343** • Email: info@nafd.org.uk

Web: www.nafd.org.uk

National Care Association (NCA)

The NCA and Registered Nursing Home Association (RNHA) have merged to become the largest social care trade association in the country.

Tel: **01634 716615**

Email: info@nationalcareassociation.org.uk

Web: <https://nationalcareassociation.org.uk>

National Society of Allied and Independent Funeral Directors

Tel: **0345 230 6777** • Web: <https://saif.org.uk>

NHS 111

You should call NHS **111** if you:

- need medical help fast, but it is not a 999 emergency;
- do not know who to call for medical help or you do not have a GP to call; or
- require health information or reassurance about what to do next.

For less urgent health needs, you should still contact your GP in the usual way. The 111 service is also available via 'Typetalk' **18001 111**.

Parkinson's UK

Tel: **0808 800 0303**

Textphone: **18001 0808 800 0303**

Email: hello@parkinsons.org.uk

Web: www.parkinsons.org.uk

Playlist for Life

A music and dementia charity based in Glasgow, working across the UK. It aims to ensure everyone with dementia has access to a personalised playlist, and carers know how to use it. The charity offers free advice, resources, and training for health and social care professionals to deliver person-centred care through music.

Tel: **0141 404 0683**

Email: info@playlistforlife.org.uk

Web: www.playlistforlife.org.uk

Rethink Mental Illness

Support for families living with mental ill health. Carers' support services. Supported living for people with mental ill health.

Tel: **0808 801 0525** • Email: info@rethink.org

Web: www.rethink.org

Royal British Legion

A charity providing lifelong support to serving and ex-service armed forces personnel and their families. The helpline is open seven days a week, 8.00am to 8.00pm.

Tel: **0808 802 8080**

Email: info@britishlegion.org.uk

Web: www.britishlegion.org.uk

Samaritans

Available 24 hours a day to provide confidential emotional support for people who are experiencing feelings of distress, despair or suicidal thoughts.

Tel: **116 123** • Email: jo@samaritans.org

Web: www.samaritans.org

SANE

Advice on mental health issues.

Tel: **0300 304 7000** • Email: support@sane.org.uk

Web: www.sane.org.uk

Silver Line, The

A 24-hour telephone befriending and advice line.

Tel: **0800 470 8090**

Web: www.thesilverline.org.uk

Society of Later Life Advisers (SOLLA)

Helping people and their families find trusted, accredited financial advisers who understand financial needs in later life.

Tel: **0333 202 0454**

Email: admin@societyoflaterlifeadvisers.co.uk

Web: <https://societyoflaterlifeadvisers.co.uk>

Stroke Association

Provides practical advice, essential information and emotional support for stroke survivors, carers and families.

Tel: **0303 303 3100** • Email: helpline@stroke.org.uk

Web: www.stroke.org.uk

Support for veterans directory

An online directory listing organisations that provide support to veterans of the UK armed forces and their families.

Tel: **0808 802 1212** (open Monday to Sunday, 8.00am to 8.00pm).

Web: www.gov.uk/support-for-veterans

Search for care in your area

- Find care providers quickly and easily
- Search by location and care need

 CareChoices

www.carechoices.co.uk



Support for families of children with additional needs – from birth to adulthood

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www.carechoices.co.uk/reader-survey

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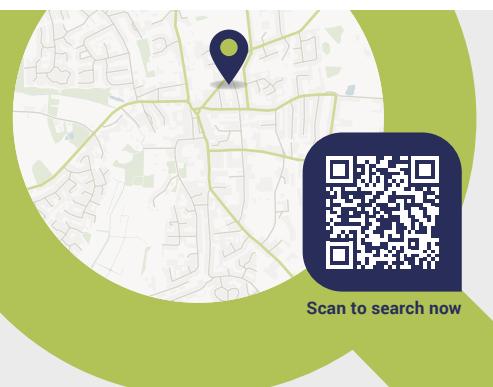
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With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
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Published by: Care Choices Limited, Valley Court, Lower Road, Croydon, Nr Royston, Hertfordshire SG8 0HF. Tel: 01223 207770.

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to choose from, where
do you start?

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quickly and easily



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